

Seeing, Understanding and Responding to BIG Behaviors in the Classroom, Using a Trauma Responsive Lens

A young boy with brown hair, wearing a light blue striped shirt, is sitting at a desk in a classroom. He has a distressed expression, with his mouth wide open in a scream and his hands covering his ears. He is holding a white card with a picture of a knife on it. In the background, there is a white door and a person in a white lab coat. On the desk in front of him, there is a red pencil holder filled with colorful pencils and a round analog clock.

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Trauma Responsive Care

*Is the Third Phase of Trauma Informed
Organizational Development*

- **Aware** of prevalence among students and staff
- **Sensitive** to the needs and begin building knowledge and identifying changes
- **Responsive** refers to the change in behaviors and actions
- **Informed** when the policies and practices create an ongoing culture and environment that feel safe, trustworthy and welcoming

Our Goals

01

Three Strategies to Help Adults When Managing A Child's Behavior

02

Utilizing the Window of Tolerance to Support Classroom Harmony

03

Strategies for Regulating the Environment

ALPHABREATHS

THE ABCS OF MINDFUL BREATHING



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HOLLY CLIFTON-BROWN





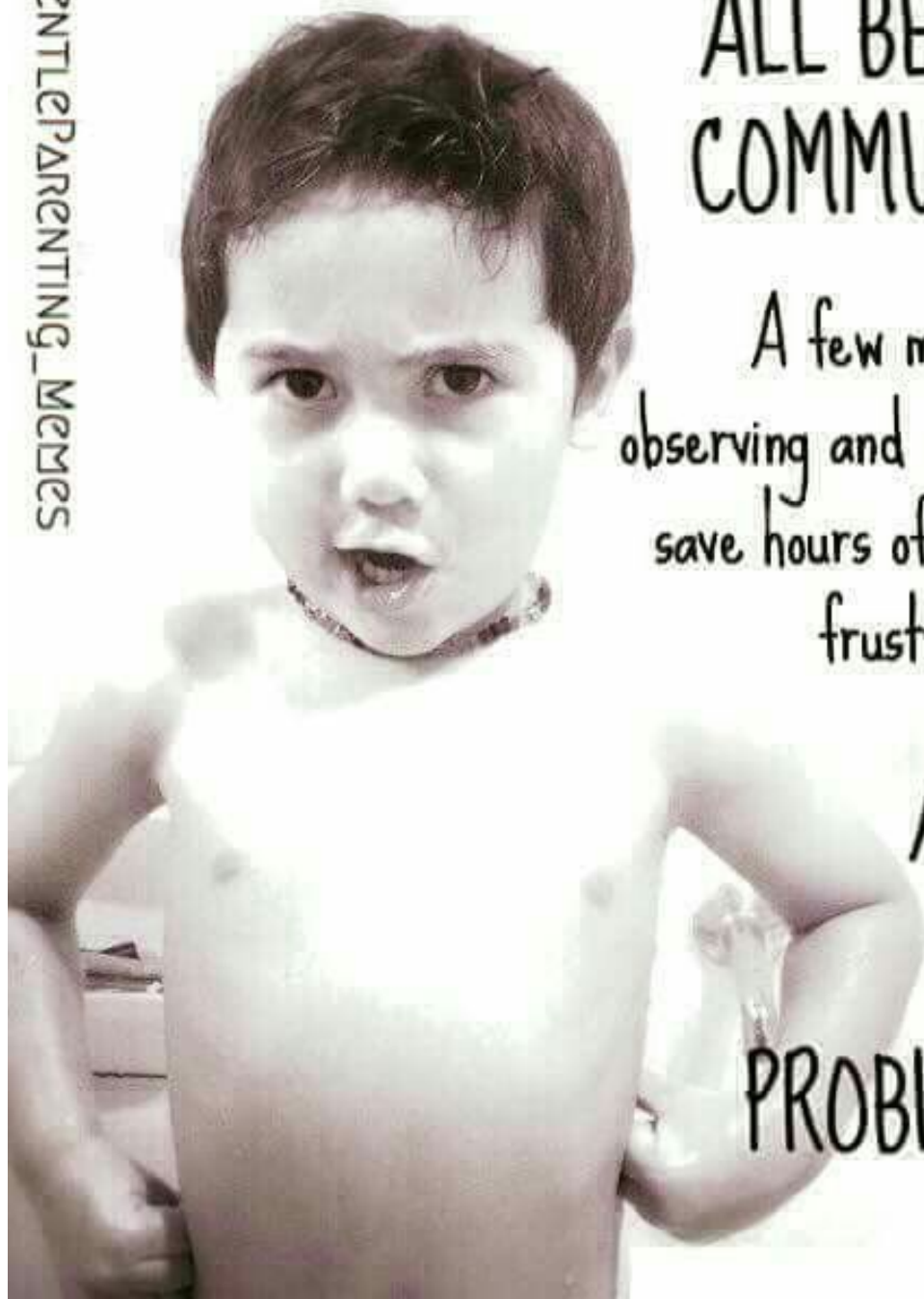
How would you feel if Jayden was starting in your classroom? Share a word that describes your initial feelings



Iceberg

THE BEHAVIORAL ICEBERG





ALL BEHAVIOR IS
COMMUNICATION.

A few minutes of listening,
observing and understanding, can
save hours of miscommunication,
frustration and conflict.

A NEED MET
is a
PROBLEM SOLVED.

- LR Knost

This CHILD Is....

When YOU Think.....

- Controlling
- Manipulative
- Disruptive
- Non-Compliant
- Bad
- Needs to be TAUGHT/Fixed

Replace it With....

- Needs more clear choices
- Has unmet needs
- Needs to be noticed/praised
- Does not trust/understand
- Has had a bad experience
- What has happened?



What are two ways this
could have been
managed?

Share two strategies you
might use.



Fact versus Assumption



Review Strategies of Reframing Own Thoughts

1

Check in on
YOUR Own
Feelings

2

Recognize a
Child's Behavior
is a Form of
Communication

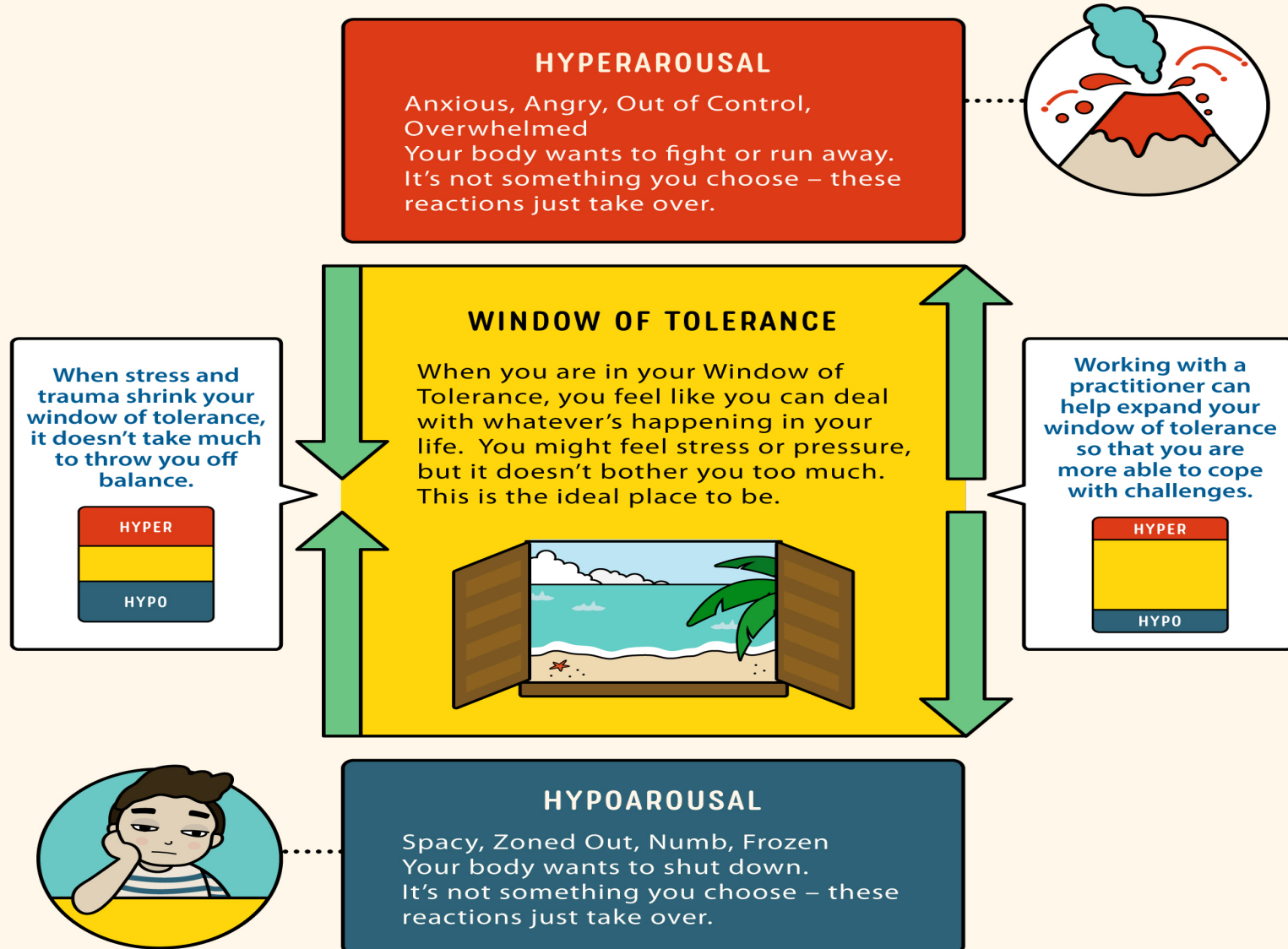
3

Be Curious
About What
Child Is
Communicating

4

Separate FACTS
vs
ASSUMPTIONS

How Trauma Can Affect Your Window Of Tolerance



In the Land of Ice



Panda feels...

Frozen

Withdrawn

Disconnected

Empty

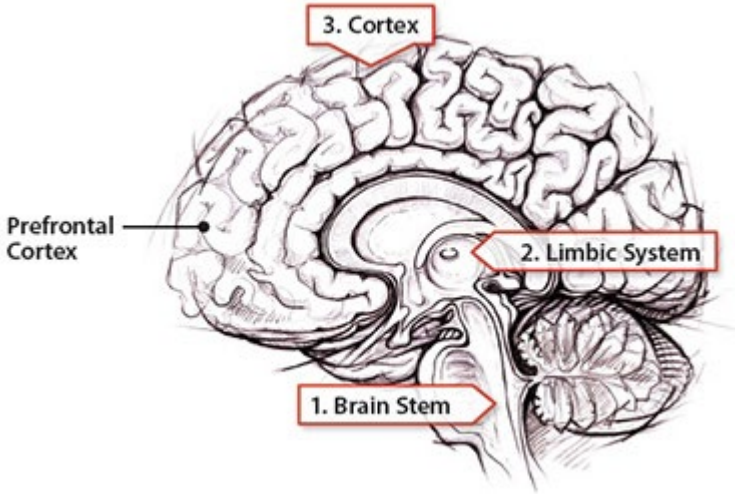
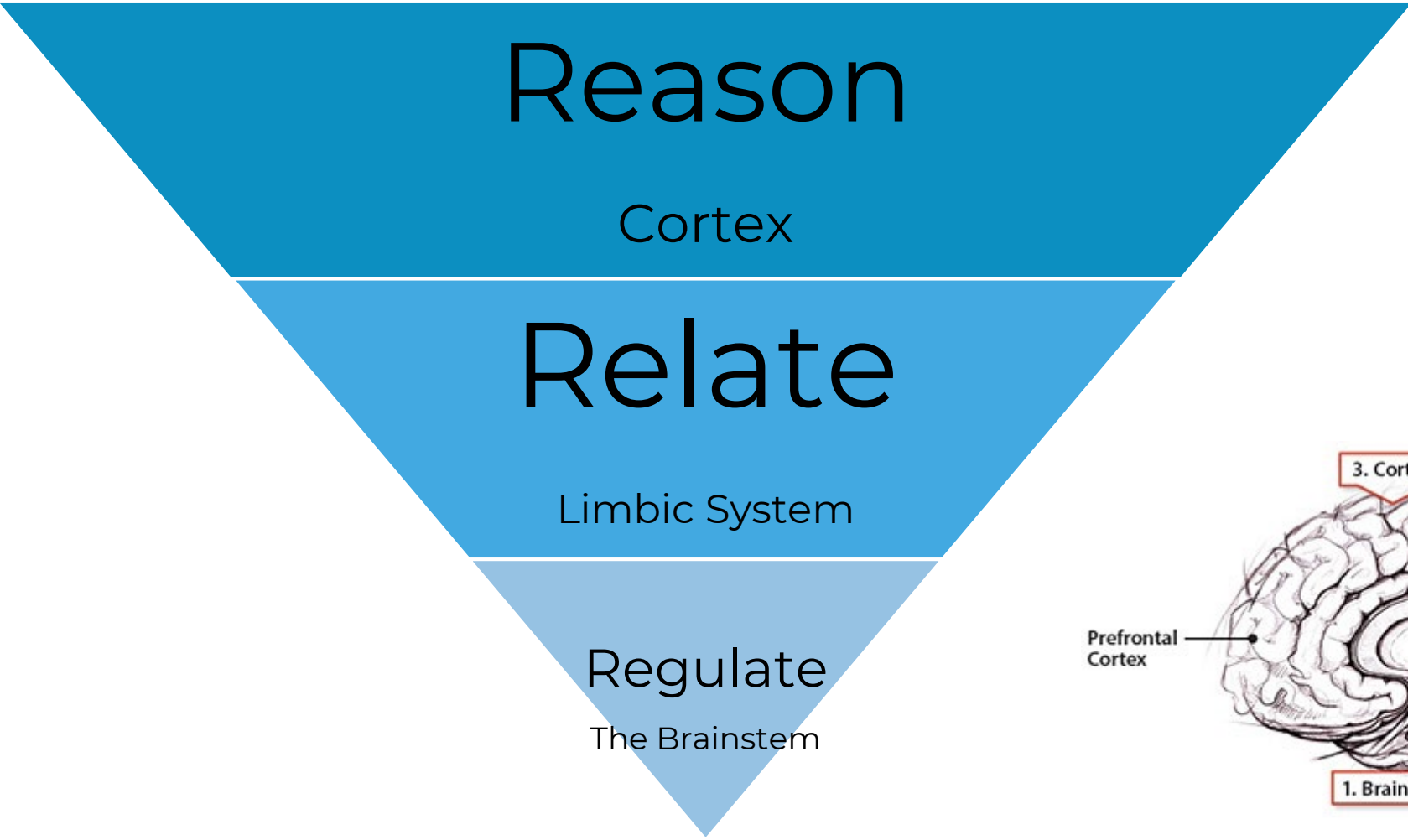
Inactive

Hard to Reach

Lost



The Neurobiological Recipe For Successful Learning



Eureka!

The image features the word "Eureka!" in a bold, stylized, 3D font. The letters are a vibrant red color with a dark red shadow cast to the right and slightly downwards, giving them a sense of depth and volume. The font is highly expressive, with thick strokes and rounded, bubbly shapes. The word is centered horizontally and slightly tilted upwards. The background is plain white, but it is framed by several black, jagged, hand-drawn lines that resemble the jagged edges of a speech bubble or a burst of energy, enhancing the dynamic and celebratory feel of the text.





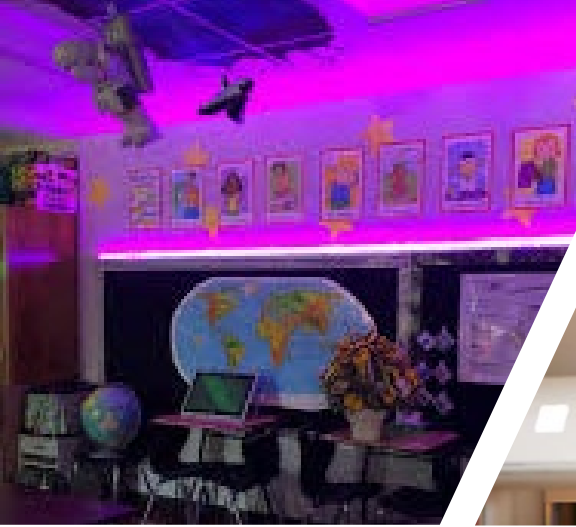
When a flower doesn't bloom, you fix the environment in which it grows, not the flower.

Alexander den Heijer



Where to put
your energy





How To Regulate The Environment





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thank you



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