



THE POWER OF CONSISTENCY: ALIGNING SW-PBS AND CONSCIOUS DISCIPLINE STRATEGIES FOR FAMILY AND SCHOOL COLLABORATION

Presented by Chelsea Lane & Kennedy Lynn

Meet your Presenters



Chelsea Lane
Family Advocate



Kennedy Lynn
Teacher

Session Outcomes

- Learn the importance of setting clear and consistent behavioral expectations

- Discover how relationship-building can be reinforced through SW-PBS and Conscious Discipline

- Begin to bridge the home-to-school gap with family involvement

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Our School Family

- 8 Classrooms
- 5 Half Day (3 Year olds AM, 4 year olds PM)
- 3 Full Day (Head Start)
- 170 students
- 8 classroom teachers
- 10 paras
- 1 family advocate
- 1 mental health specialist
- 1 play therapist
- ½ process coordinator
- 1 principal
- 2 Custodians



Our Philosophy

The ECC is a community partner and strongly believes in a school-family relationship. We are committed to working as a team to help support the whole child. We create a safe and loving environment that allows for genuine connections that support children in their educational experiences to be their authentic selves. Children learn through purposeful play by exploring with a variety of experiences that inspire questions and wonderings that are relevant to the world around them. Teachers facilitate meaningful opportunities that reflect children's needs and desires, while fostering children's self-confidence and independence. We at the ECC are committed to seeing the best in each other, our students and their families. We're glad you're here!

Our Mission

We will create a safe environment that prioritizes genuine connections, school-family relationships, and learning through purposeful play.

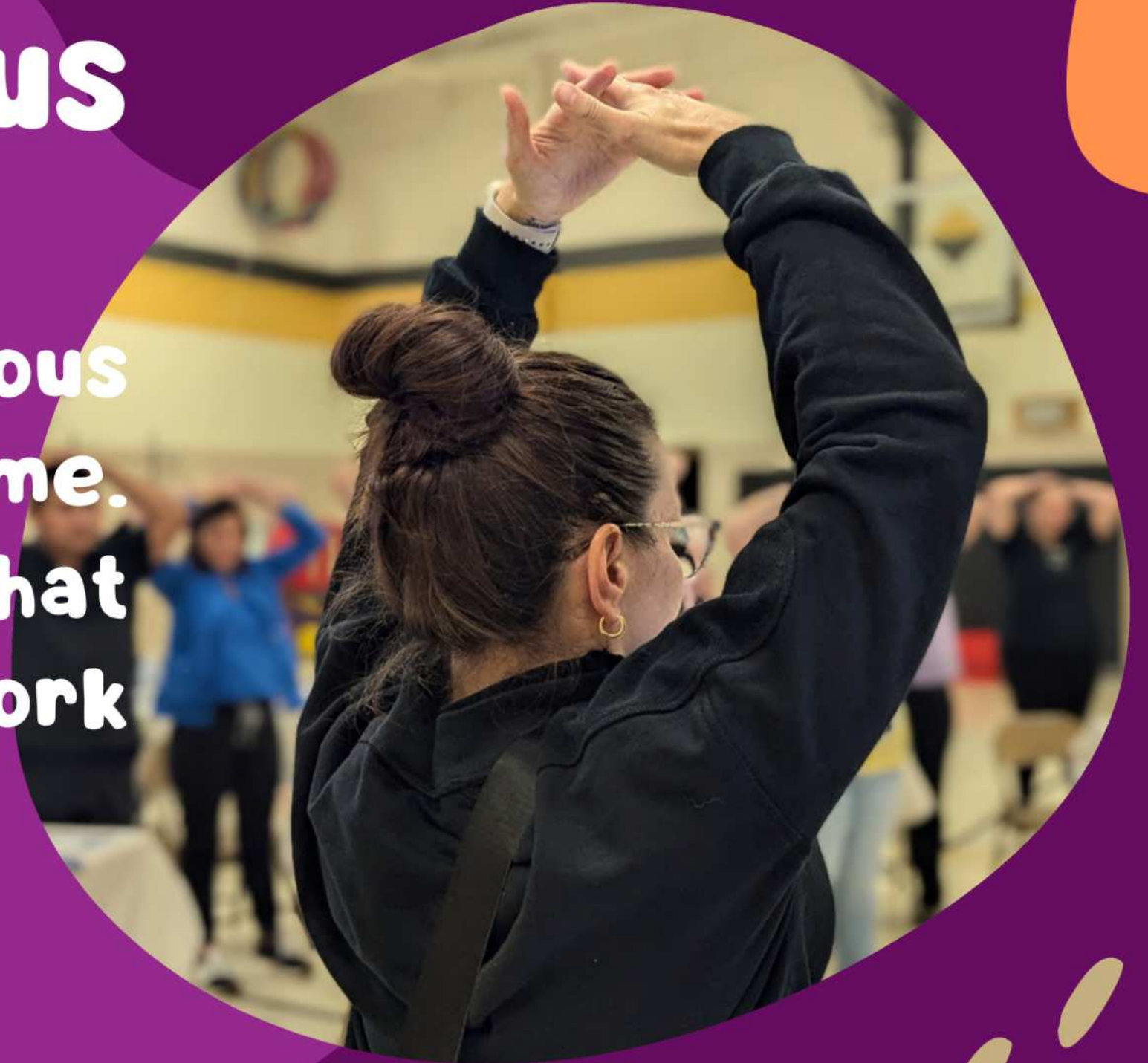
Our Core Values

- *Purposeful play
- *School and family relationships
- *Safe environment
- *Genuine Connections



PBIS & Conscious Discipline

PBIS is our framing, Conscious Discipline is how we build our home. It's layered into everything that we do. That includes how we work with families!



Family Partnership

Strong relationships with families make every part of our job easier



Difficult conversations, support, celebrations all come more naturally



Families are able to see us as partners with common goals instead of against one another



Children experience consistency, leading to higher levels of growth



Consistency Matters

Reduces stress &
anxiety

Fosters
Independence

Builds a sense of
security

helps them to
understand what is
expected

supports emotional
regulation

Consistency for our kids is a shared responsibility between school & home

Positive Intent

Choosing to see the best in others. Believing that if kids had the skills, they would use them. We extend this belief system to our families, too.

Extending our support home

- ★ Creates a paythway for partnership
- ★ Empowers parents to expand their tool belt
- ★ Working together as a team is a quicker route to success for all. Power of unity!



Parent Commitments

We share our commitment to the children enrolled in our program right away, we ask parents join us in making a commitment to establish the idea of team work during our open house.



Home Visits

- Optional but encouraged for all families
- Take place the first two calendar days of the school year
- Builds connection & trust, answer any last minute questions, worries
- Opportunities to teach helpful prep for the first day (social stories, I love you rituals, etc)





Parent Communication

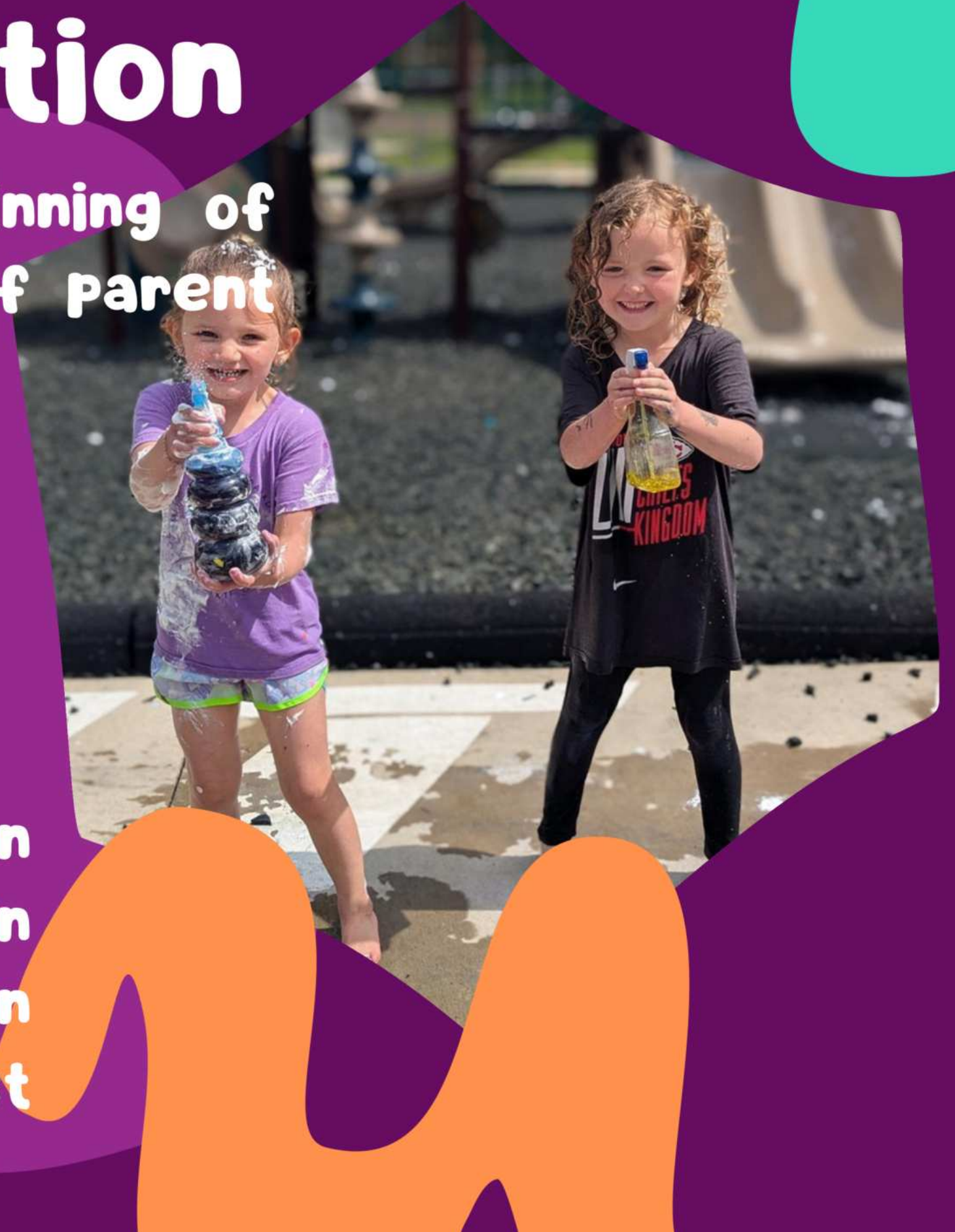
Professional Development at the beginning of the year highlighting the importance of parent communication to all staff.



Teachers are primary communicator



IF parents do not know what is going on at school, they will write a story in their head. The more we can stay on top of communicating & building trust and report, the better!



Parent Communication

- ★ Learning Genie as a major tool in parent relationships
- ★ Monthly Newsletter includes CD/PBIS segment



Making the most of every interaction with families matters.

Greeting

Sharing a story
or interaction
with that kiddo.

Noticing:
"You made it
mama!"

Celebrate &
encourage

Taking PBIS & CD Home

- Teachers use consistent language when talking with parents as they do with kids
- Teachers share structures, visuals or strategies they are using in the classroom to support at home
- Staff can support troubleshooting how to use
- Follow up check-ins will include checking in how that material is going or if they need help.

	Atticus has listening ears.
	Atticus's eyes are watching.
	Atticus is using walking feet.
	Atticus has safe hands.
	Atticus uses kind words.



XARIAH IS SAFE AT SCHOOL



Mom will help Xariah get on the bus. On the bus, Ms. Amanda is her safekeeper.



In the morning, Xariah will give mom 3 BIG squeezes, and mom will load her heart up with kisses for her to keep at school.



At school, Ms. Kennedy & Ms. Krista are the safekeepers. They will keep Xariah safe at school. Her class family is excited to see her!



Rest time can be hard but Xariah's got this! She is so brave! She will have her stuffie, family picture, and heart to lay with. She can choose which teacher she wants to lay with her. Ms. Kennedy and Ms. Krista will keep her safe.



She did it! She made it through the whole day! Way to go! Now Ms. Amanda (bus driver) will take her home to Mom!



Kynley's Day at School



Good morning! Kynley came in the classroom, washed her hands and found her spot at breakfast. Way to go Kynley!

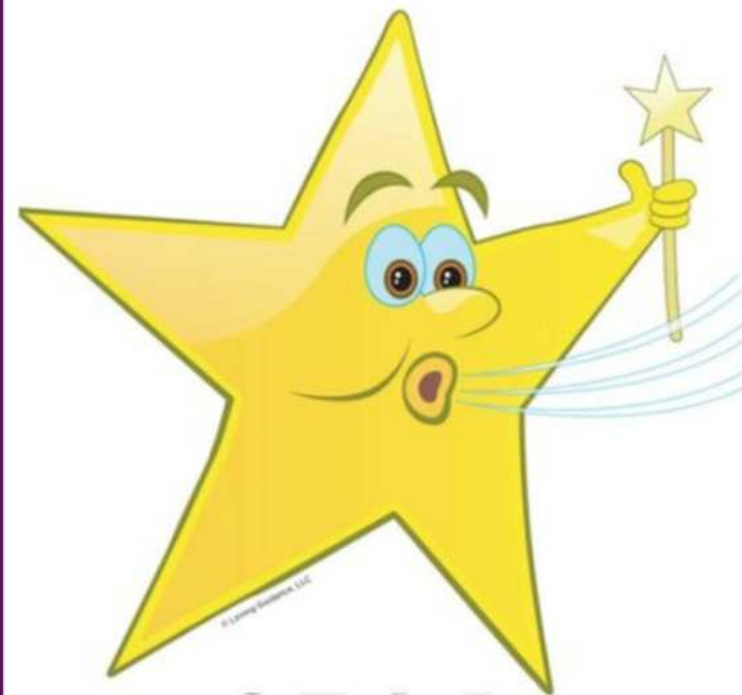


Next, Kynley dumps her tray and brushes her teeth. She did it!

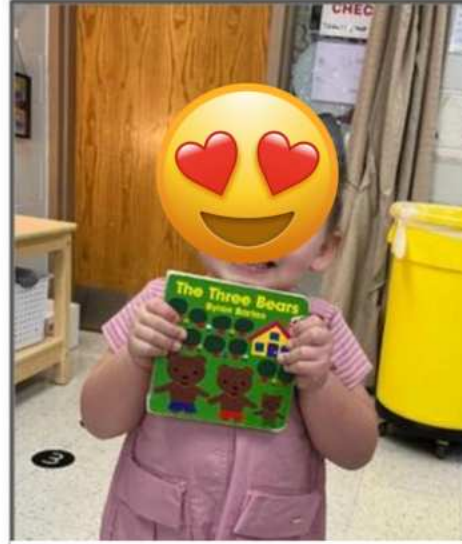
Kynley is ready to join her class family on the carpet. She's got this! Way to go Kynley!



Kynley takes a breath and wishes her home family and her school family well. Now she's ready for work time!



Work time can be kind of tricky, but Kynley can handle it! If she wants a turn she taps a friend on the shoulder and says, “can I have a turn please?”



It's time to clean up and put the toys in their homes! I wonder where Kynley will choose to clean...(let her choose). She chose to clean in the _____ area!
Kynley is so helpful at school!



Next it's time to read a story. Kynley goes back to the carpet with her class family!



After Kynley listens to the story, it's time to play outside! She keeps her body safe in the hallway!



When we come in from outside it's time to eat lunch. Kynley washes her hands and finds a spot at the table!



Wow! Kynley has been so helpful at the lunch table. Now it's time to rest on her cot. Kynley loves to rest with Mr. Monkey!



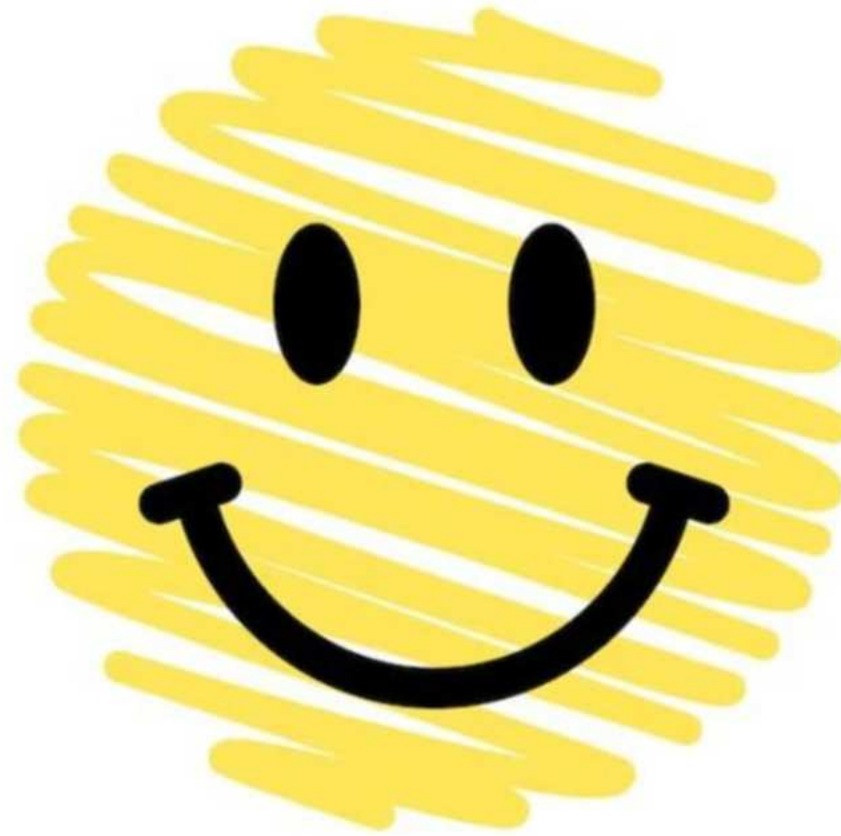
Kynley gets up from rest and puts her socks and shoes on her feet. Then she heads to the table for a snack. Her day is almost over!



When Kynley's mom gets to school, she will get her backpack and hold Ms. Nikki or Ms. Taylor's hand to get to the car safely.



Kynley did it! She was safe, kind and helpful at preschool! Way to go Kynley!



- Models consistent language
- helps parents understand the expectations of their child at school
- model for conversations to support
- supports partnership
- relieves feelings of judgement or frustration when kids are struggling

Bringing PBIS & Conscious Discipline to Family Engagement Events



Family Workshops



A fun opportunity for parents and children to deepen their understanding of our practices & how they can utilize them at home for happier/ healthier relationships.



The Logistics

- We plan 4-5 classes per year
- We utilize funding from both our building budget and Head Start
- We ask families to register to plan for staffing and food
- We use our “meeting room” for parents and multiple classrooms for child workshop
- Parents drop off children & enjoy an adult dinner before workshop starts
- Children have cheese pizza so they can play, eat & learn
- Children come into the meeting room to reunite with family at the end
- We practice our new skills together & complete the make & take
- We did it!

The Planning

- We divide our content up into what we want to cover for all sessionsj
- Break down our most important take-a-aways for families
- Teachers who are leading child workshop have a one hour planning session to break down what I love you ritual, breath, book & skill they want to teach
- Staff work together to create/print/assemble the make and take
- Parent workshop instructor (Chelsea) plans and prepares content for adults

The Promotion

- Flyers & Google Form registration
- Share on all our general platforms (Learning Genie, Facebook, Newsletter)
- Target specific families we have been working with alot
- Keep information on all the tables at Parent Teacher conferences for the upcoming session, great reference for anything that comes up in meeting
- Email & LG Reminders leading up to the event
- Clear communication about what to expect

It's Time!

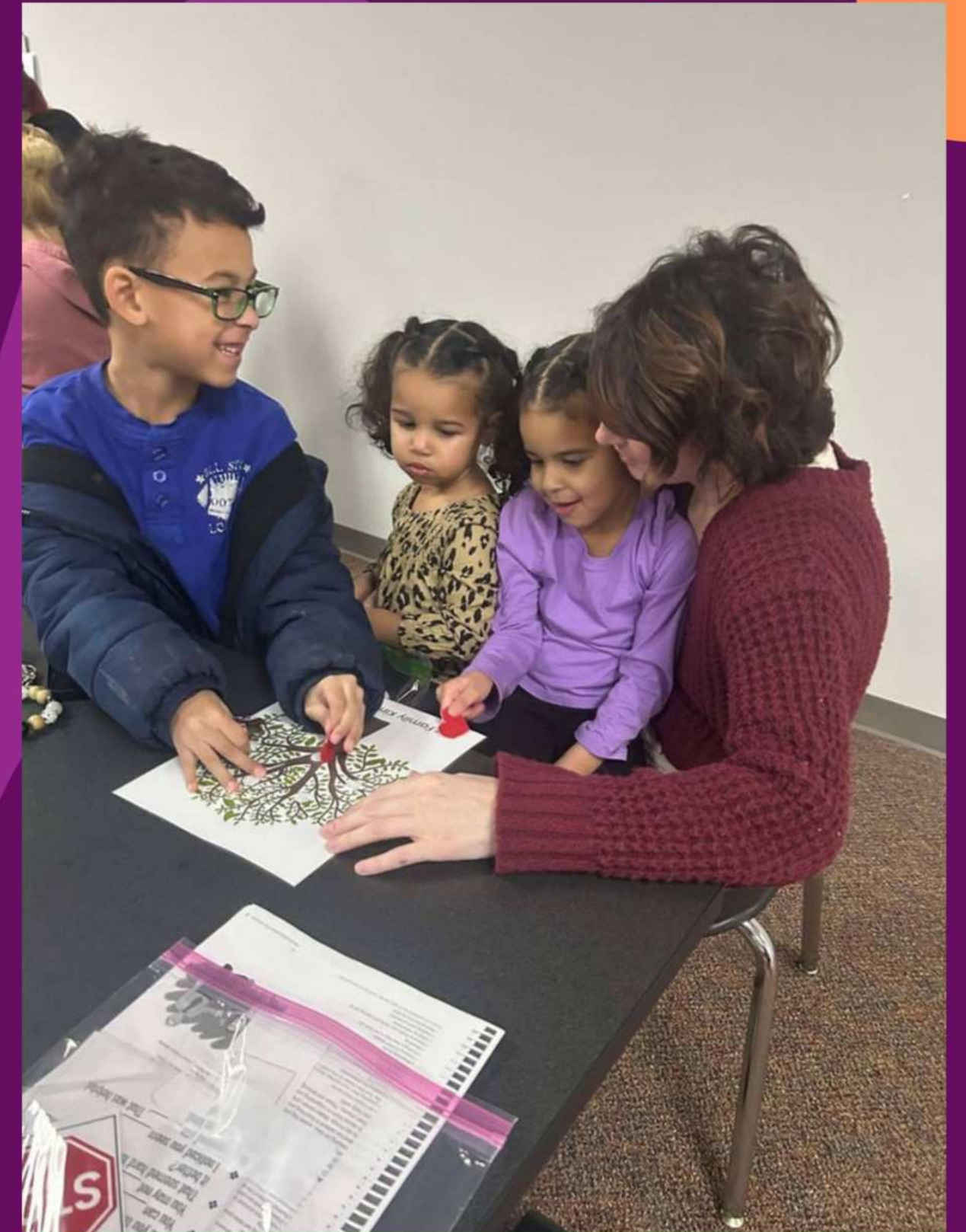
- Staff sets up, preps room
 - Adult tables have fidgets, coloring pages, hand outs, etc.
- Sign in sheets for childcare, name tag on labels for each kid
- staff located throughout the building during arrival
- Greeter at the front
- Greeter halfway down the hallway
- Greeters at classrooms
- Greeters at parent room
- Music playing, food ready



Workshop Details

- 4:45-7:00 pm
- 4:45-5:15- Drop off Dinner
- 5:15-6:45- Workshop
- 6:45-7:00- Everyone together to do make & take & practice!

Examples from the workshop



Examples from the workshop

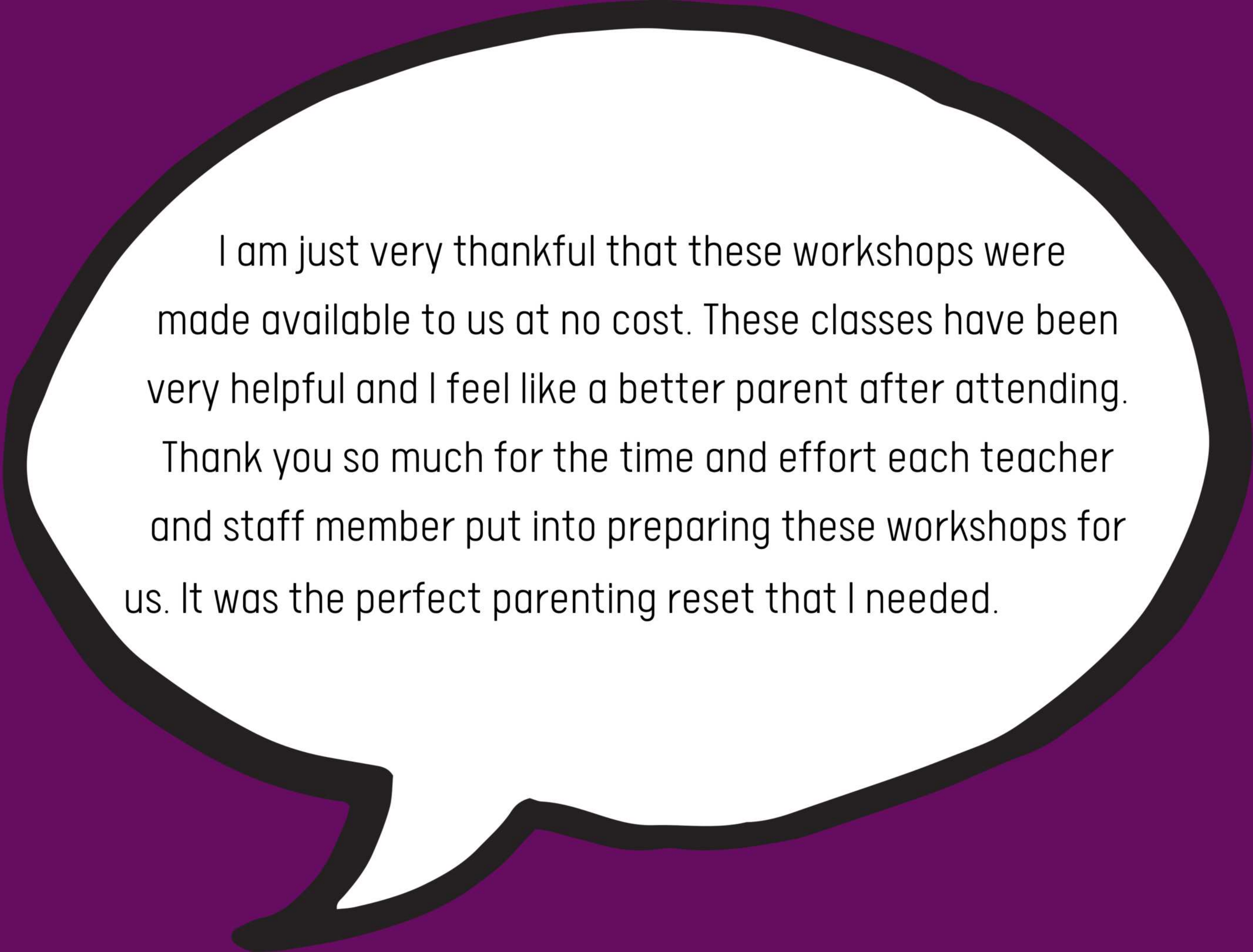


Examples from the workshop

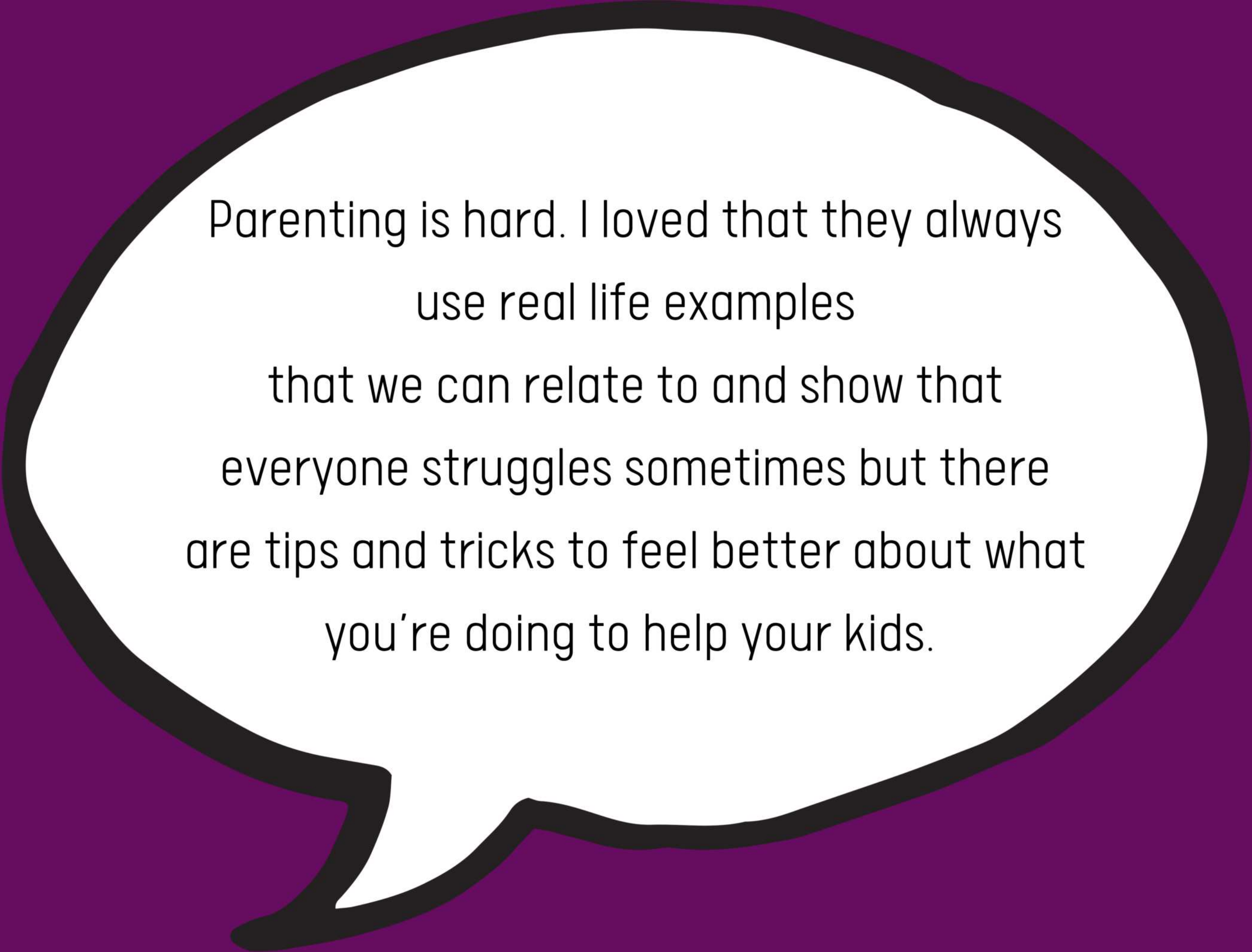




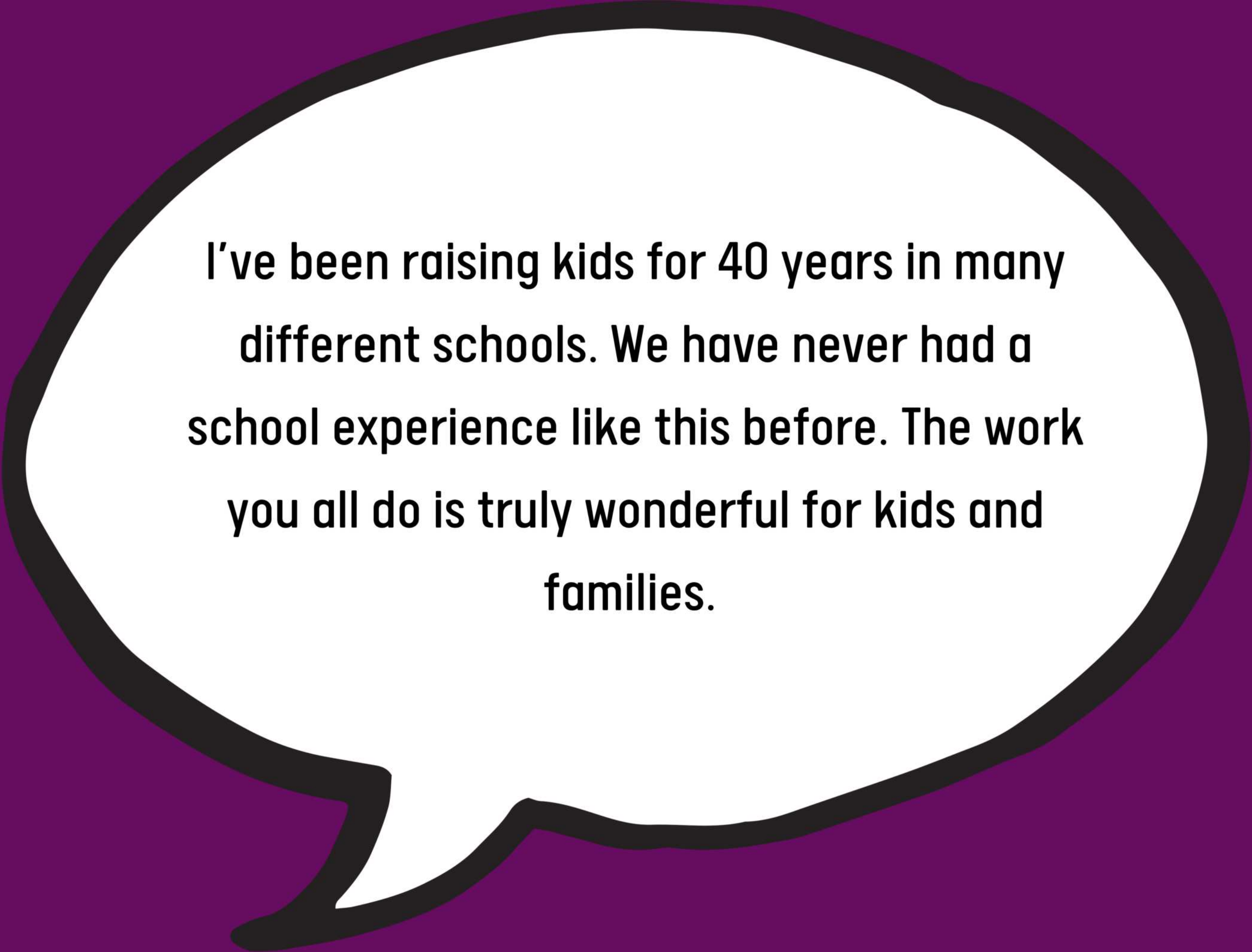




I am just very thankful that these workshops were made available to us at no cost. These classes have been very helpful and I feel like a better parent after attending. Thank you so much for the time and effort each teacher and staff member put into preparing these workshops for us. It was the perfect parenting reset that I needed.



Parenting is hard. I loved that they always
use real life examples
that we can relate to and show that
everyone struggles sometimes but there
are tips and tricks to feel better about what
you're doing to help your kids.



I've been raising kids for 40 years in many different schools. We have never had a school experience like this before. The work you all do is truly wonderful for kids and families.

Resources

Anytime we have parents in the building, we utilize that as an opportunity to get materials in their hands

Materials

ranging from home safety, drugs & alcohol, car seat safety, visual schedules, CD materials, helpful scripts, etc.



Parent Experts

- ★ **Parent Survey**
- ★ **Celebrating strengths instead of cookie cutter ways to stay involved**
- ★ **examples of how teachers have had parents in their classrooms (benefits & seeing/hearing the language in real time)**



In Progress...

- ★ **Back Pack Project**
- ★ **Family Challenges that redirect families to the importance of connection, presence, etc.**
- ★ **Family PBIS Matrix : ways to be kind, safe & helpful at the table, in the car, at the store, etc**



Questions?!

Family Partnerships & YOU!

Take a few minutes to brainstorm with your team or in your notes what your next steps are for enhancing your family practices.

You've got this!

Lets Chat!

Chelsea -Family Advocate

clane@gga.essd40.com

Kennedy- Teacher

klynn@gga.essd40.com

