

Integrating Check-In, Check-Out Within Existing High School Systems



Session Overview

- Check-In, Check-Out and Adaptations
- Collaborative partnership with North Kansas City Schools & University of Missouri
- Building readiness and Tier 2 systems
- CICO-HS Pilot
- Ongoing implementation and lessons learned



Session Outcomes

- Understand the core features of CICO
- Identify adaptations to CICO to fit the high school context
- Identify strategies for integrating CICO-HS with existing systems and structures



Acknowledgements

5-year IES-funded project (R324A230091) focused on scaling up CICO for high schools. The opinions expressed are those of the authors and do not represent views of the Institute, Office, or the U.S. Department of Education.



Who are You?

- What is your level of experience implementing CICO?
- What is your level of experience implementing CICO in high schools?



Have implemented CICO



Training in CICO but no experience implementing



Beginning to learn about CICO

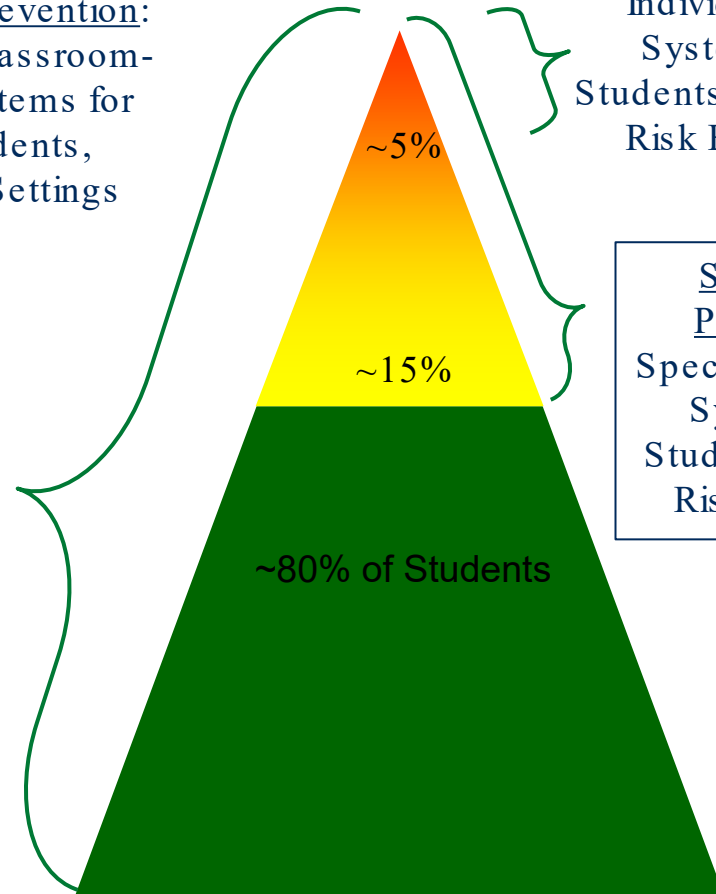


PBIS for All, Some, & Few

Primary Prevention:
School-/Classroom-
Wide Systems for
All Students,
Staff, & Settings

Tertiary Prevention:
Specialized
Individualized
Systems for
Students with High-
Risk Behavior

Secondary
Prevention:
Specialized Group
Systems for
Students with At-
Risk Behavior



Core Features of Tier 2 Systems

- ✓ Efficient Tier 2 teaming with behavior expertise
- ✓ Using data for decision making (outcome and fidelity)
- ✓ Student screening and identification systems
- ✓ Training and ongoing support (staff, students, families)
- ✓ Coordinated within Tier 1 and Tier 2 systems



PBIS Interventions

Tier 1 Practices:

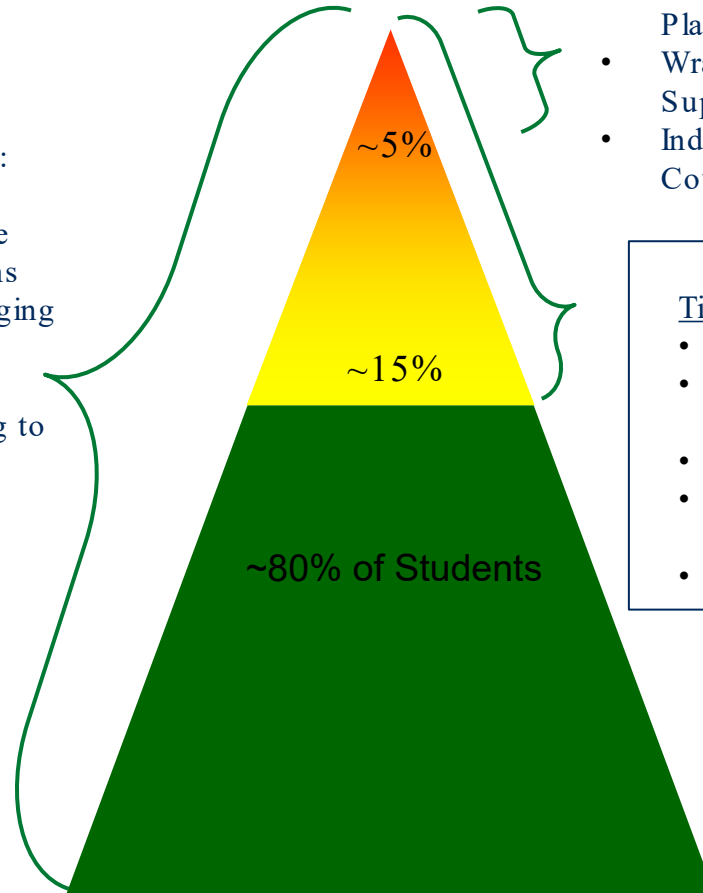
- Teaching school-wide expectations
- Acknowledging Expected Behavior
- Responding to Behavior concerns

Tier 3 Practices:

- Function-Based Behavior Support Plans
- Wraparound Supports
- Individual Counseling

Tier 2 Practices:

- CICO
- Behavior Contracting
- Peer Tutoring
- Social Skills Groups
- Mentoring



Core Features of Tier 2 Interventions

- ✓ Standardized routines and procedures
- ✓ Continuously available
- ✓ Function-based
- ✓ Explicit instruction
- ✓ Progress monitoring & feedback
- ✓ School-family communication
- ✓ Fading strategies



Check-In, Check-Out Overview



1. Provides a daily “check-in” and “check-out” with an adult with student support and problem solving as needed
2. Prompts & Promotes positive adult-student interaction
3. Increases the frequency of contingent positive & constructive feedback from adults
4. Increases recognition for expected behavior



Daily Progress Report Card

Remember, this is not a points sheet.














































This is to structure the *feedback* provided to students and to collect progress monitoring data

Behaviors aligned with schoolwide expectations

Might be defined with the student's specific behavioral needs in mind

Name:
Date:

Rarely = 1	Sometimes = 2	Always = 3
		

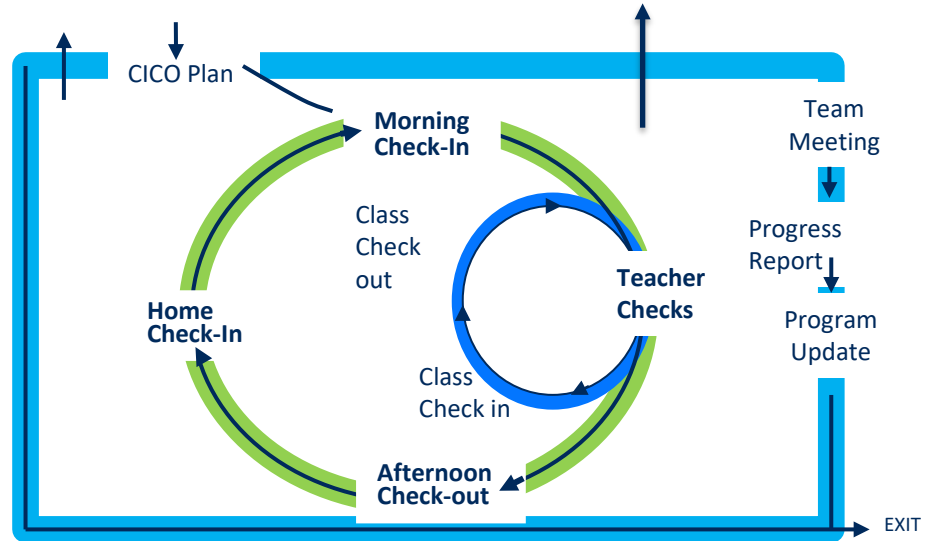
	Be Respectful			Be Responsible			Be Safe		
Reading									
Math									
Science									
Social Studies									
Writing									
Totals									

Today's Goal:
Did I reach my goal? YES NO

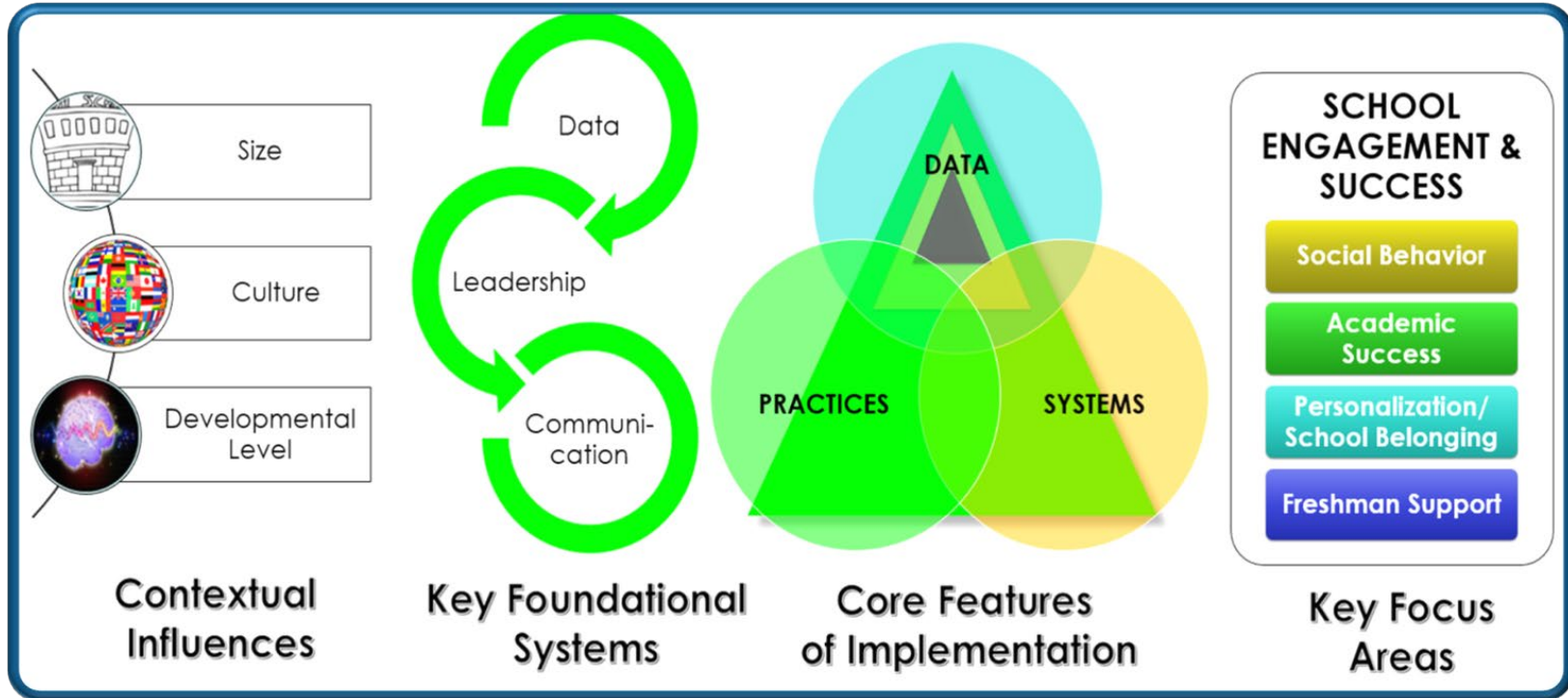


CICO Adult & Student Cycles

- Daily Student/Coordinator Cycle
- Daily Student/Teacher Cycle
- Team Cycle



High School PBIS Implementation



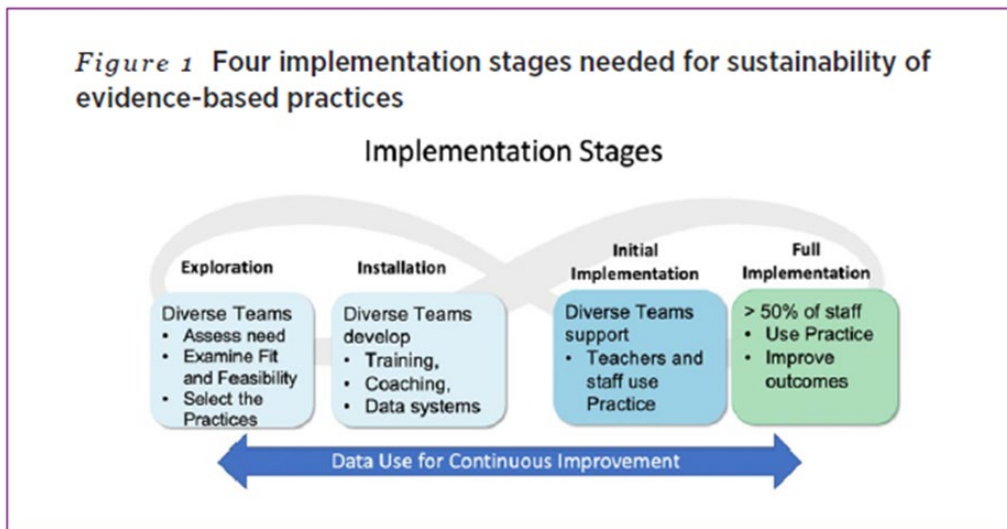
Activity: **Think, Pair,** **Share**

- How do contextual features in your school impact CICO implementation?
- What adjustments are needed for CICO to be effective?



Stages of Implementation

- Exploration
 - Buy-in, support, resources allocated
- Installation
 - The “hard systems” work
- Initial Implementation
 - Pilot; fragile stage!
- Full Implementation
 - more than > 50% implementing!
 - Teams may return to previous stages...



Ward, Kittelman, & Rowe (2021). View from the field: Supporting evidence-based practices: What implementation Strategies are needed when for success? *TEACHING Exceptional Children*, 53(5), 332-335. <https://doi.org/10.1177/004005992211010176>



Partnership with North Kansas City Schools & University of Missouri





NORTH KANSAS CITY SCHOOLS 2024-2025 District Profile

Relentless Champions for All Students

NKC Schools is a public school district located in the northern suburbs of Kansas City, Missouri. Serving nearly 22,000 students, it is the second-largest school district in the state. NKCS is known for its diverse and inclusive learning environment, offering a wide range of academic programs, extracurricular activities, and athletic opportunities.

The district encompasses four high schools, as well as multiple middle and elementary schools. NKCS emphasizes student achievement, innovation in education, and strong community involvement.



NORTH
KANSAS CITY
SCHOOLS
est. 1913

ABOUT THE DISTRICT

- ▶ **Student Enrollment** 21,828
- ▶ **2nd Largest School District in Missouri**
- ▶ **One of the Most Diverse School Districts in Missouri**
- ▶ **Budget** \$343.1 Million
- ▶ **Workforce** 3,882 Employees
- ▶ **Technology** 29,151 Computers
- ▶ **Nutrition** 3,333,075 Meals Served Annually
- ▶ **Transportation** 161 Buses
Traveling 2.9 Million Miles Annually
- ▶ **Facilities** More than 3.54 Million
Square Feet in 55 Facilities on 906 Acres
- ▶ **School-Age Child Care** 960 Children
- ▶ **Preschool Students** 1,124 Children

SCHOOLS

- ▶ **High Schools** 4
- ▶ **Middle Schools** 4
- ▶ **Sixth-grade Centers** 2
- ▶ **Elementary Schools** 22

OTHER PROGRAMS

- ▶ International Baccalaureate Diplomas
- ▶ Advanced Placement Capstone Diploma
- ▶ College and Career Pathways
- ▶ Catalyst Program
- ▶ Early College Academy
- ▶ AVID – Advancement Via Individual Determination
- ▶ SAGE – Students in Academically Gifted Education
- ▶ PEGS – Programs for Exceptionally Gifted Students
- ▶ Online Options for Learning, K-12
- ▶ Early Childhood Special Education
- ▶ Early Education Pre-K Programs
- ▶ Automotive Technology
- ▶ Northland Career Center
- ▶ Northland CAPS



North Kansas City Schools

- PBIS/MTSS:
 - Where we've been
 - Where we're going
- HS CICO Study opportunity
 - Identification
 - Training
 - Next Steps



North Kansas City Schools

Relationship & Behavior Philosophy



Relationships are at the heart of our behavior and discipline philosophy in NKC Schools. We will use restorative practices and Positive Behavior Intervention Supports (PBIS) as relationship-building and expectation-setting models that also serve as frameworks for addressing harm. Discipline and relationship-building are interdependent in nature and require a holistic process that is:

PROACTIVE

developing relationships and
outlining clear expectations

RESPONSIVE

responding appropriately and with
intentionality when expectations are not met

RESTORATIVE

restoring relationships
when harm is done

FRAMEWORKS

PBIS

Restorative Practices

TIER 1
PBIS Leadership Team
Monthly Meetings
Schoolwide Matrix
Teaching Expected Behaviors (Ongoing)
Recognizing & Noticing Positive Behaviors
Process for Responding to Behaviors/
EduClimber Documentation

Community Building/Circles
Affective Statements
Restorative Dialogue
Conflict Resolution

TIER 2
Monthly Meetings
Regular Data Monitoring
Data-Based Decision Making/
Nomination Process
Implementation of Effective Interventions
Consistent Parent Communication

Repairing Harm
Restorative Dialogue
Restorative Questioning & Conferences

TIER 3
Monthly Meetings
Regular Data Monitoring
Implementation of Effective Interventions
Consistent Parent Communication

Repairing Harm
Restorative Dialogue
Restorative Circles
Reintegration Plan

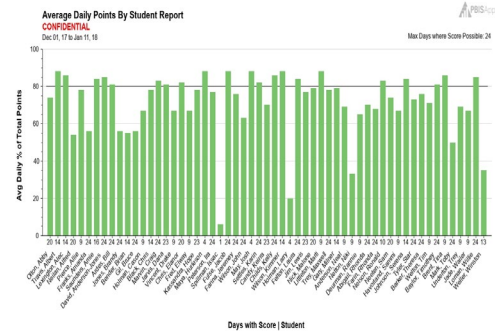
Additional **Programs & Resources** That Support the District Frameworks



2-Day Summer Training

Oak Park & North Kansas City High School Teams

- Day 1
 - Tier 2 systems and interventions
 - CICO
 - CICO high school considerations
- Day 2
 - Tier 2 teaming & problem solving
 - CICO-HS mobile app
 - CICO-SWIS dashboard



Oak Park High School and Team



Oak Park High School

- Assistant Principal for 2 Years – 1st Year SAT Lead and Tier 2 & Tier 3 programs
 - Re-evaluated and re-structured everything we had been doing.
- Oak Park High School – ~60 Years Old - 1750 Students – 45% F/R
 - School is divided into four career pathway clusters
- Where were we?
 - Implemented PBIS portions a few years BC (Before COVID)
 - Expectations: Ready – Responsible - Respectful
 - School-wide academic intervention system (MTSS) – 2nd year
 - Able to identify students who need support, what do we do with them?



Oak Park High School

- OPHS approached to pilot CICO
- Assemble CICO-HS Team
 - Staff that can have the tough conversations with students
 - EMPATHETIC
 - Truly care to help students become the best versions of themselves
- Next Step – Create a Tier 1 team to address behaviors that we are identifying through CICO
 - Support from district level
 - Time built into our current MTSS schedule
 - Adjust to what the data tells us



CICO-HS



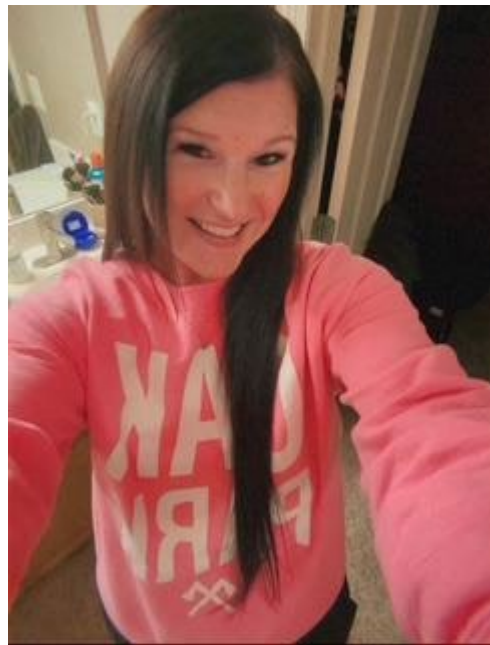
Our Journey in Education

Jamie Ferguson

High School Academy Teacher

Background

- **15 years** in the **North Kansas City School District**
- Began career at **Golden Oaks** (2 years)
- Taught at **Linden West Elementary** for **11 years**
 - **1st Grade:** 2 years
 - **2nd Grade:** 3 years (looped with students)
 - **5th Grade:** 6 years
- Currently at **Oak Park High School**
 - **Intervention Teacher:** 1 year
 - **Academy Teacher / Missouri Options Coordinator:** 1 year



Sissy Becvar

Oak Park High School

Behavior Intervention Specialist: Background

Education:

- **William Jewell College**
 - Studied **Behavior Disorders / Special Education**
- **Maple Woods Community College**
 - Continued studies in **Behavior Disorders**

Professional Experience:

- **Started in NKCS D (1989)** as a **Para** in Behavior Disorders classrooms:
 - Chapel Hill Elementary – 1 year
 - Davidson Elementary – 2 years
- **NKCS D Substitute Teacher** (2003–2014)
- **Behavior Interventionist, Oak Park High School** (2015–Present)



PBIS & Behavioral Support Experience

In my **second year at Linden West**, the district implemented **PBIS (Positive Behavioral Interventions and Supports)**

Served as a **Tier 1 Team Leader**, helping guide building-wide expectations and reinforcement systems

Actively participated in both **Tier 2 and Tier 3 teams**, supporting targeted and individualized student interventions

Our school had **many students on Check-In/Check-Out (CICO)** as part of our Tier 2 supports

Completed training in **Trauma Smart**, enhancing my ability to support students through a trauma-informed lens

Training in Restorative Practices and Restorative Circles, I implemented them at Oak Park High School

Trained in **Mediation** and am responsible for holding small group mediations at Oak Park High School

Character Strong training . I lead small groups following the Character strong practices.

Insight to Behavior - training-certification

RCD-Responsibility Centered Discipline
leader in implementation of RCD with students and staff

Tier 2 and Tier 3 training - actively participate in both interventions supporting tier 2 and 3 targeted students for intervention

CICO actively mentoring students through CICO

SWPBIS training and actively implementing practices with students

Behavior Intervention Certification completed and practicing in my school

Crisis Prevention completed courses:
Fostering positive Educational Climates
De-escalation

Mental Health First aid certified and practice youth mental health first aid



Role: Jamie Ferguson

Coordinator & Mentor

As CICO Coordinator:

- Identified teachers who would be a strong fit to support CICO students
 - Focused on staff who build **positive relationships** and genuinely care about student well-being
- Followed the **Research Flowchart** to complete all required steps and documentation
- Communicated with staff through email to:
 - Request completion of **student surveys**
 - Notify teachers when a student was starting and ending **CICO**

As a CICO Mentor:

- Checked students **in and out daily**, offering consistent support
- Provided **peer coaching** and encouragement, helping students reflect and grow:
 - Gave strategies to improve scores
 - Celebrated successes and built student confidence with positive reinforcement



Role: Sissy Becvar

As a CICO Mentor:

- Checked students **in and out daily**, offering consistent support
- Provided **peer coaching** and encouragement, helping students reflect and grow:
 - Gave strategies to improve scores
 - Celebrated successes and built student confidence with positive reinforcement

Work with Jamie to evaluate and select students for CICO, based on our knowledge of students and teacher referral

Work with Jamie to have student conversations about CICO, make parent calls to explain CICO



CICO vs. CICO-High School

CICO	CICO-HS
<ul style="list-style-type: none">• Adult-driven goals	<ul style="list-style-type: none">• Student self-directed goals
<ul style="list-style-type: none">• Adults provide feedback to students	<ul style="list-style-type: none">• Students greet, self-rate, obtain feedback
<ul style="list-style-type: none">• Paper daily point card	<ul style="list-style-type: none">• Digital point card
<ul style="list-style-type: none">• Paper report sent home to caregivers	<ul style="list-style-type: none">• Digital reports sent to caregivers

Student Self-Directed Goals

Today's Date: _____

Next Review Date: _____

Guided Student Self-Assessment for CICO-HS

Directions: This student self-assessment is designed to be conducted as a conversation between a student and the CICO-HS coordinator/mentor. Use the guide to help students determine where they may want to focus their efforts toward improving their behavior at school. The information collected may then be used to begin goal setting. Information from this assessment will be used to tailor the student's goals for CICO-HS. This assessment and goal-setting may be done in one or two sessions and should take about 20-30 minutes.

Guiding Questions	Notes/Prompts	Strategies/Supports & Potential Barriers
School-Wide Expectations <i>Ready</i> <i>Responsible</i> <i>Respectful</i> <i>What do <u>that</u> mean to you?</i>		
Goal/Target Behavior (Subgoals): <i>How could you work on engaging in these expectations in the classroom? What are goals you could work on?</i>		
Self-Monitoring <i>How often do you think your actions get in the way of your learning and engaging in these school-wide expectations?</i>		
Recruiting Teacher Feedback <i>Do you ever ask teachers for feedback about how you're doing? Why or why not?</i>		
Accepting Teacher Feedback <i>Think of a time when a teacher has given you some kind of feedback. How do you usually respond?</i>		
Self-Reflection <i>If something doesn't go well for you at school, how do you usually react? How about when things go well?</i>		



Digital Point Card

Student Name: _____ A or B Day

Goals	Period 1/5	Period 2/6	Period 3/7	Period 4/8	Total Points
Safety First	0 1 2	0 1 2	0 1 2	0 1 2	
Work Together Respectfully	0 1 2	0 1 2	0 1 2	0 1 2	
Accept Responsibility	0 1 2	0 1 2	0 1 2	0 1 2	

Comments:

Schoolwide
Expectations

...with specific
goals for each
student

Safety First

Follow directions first time given



Great



Good



Needs Work

Work Together Respectfully

Accept Feedback



Great



Good



Needs Work

Accept Responsibility

Turn in homework on time



Great



Good



Needs Work

SAVE AND HAND TO TEACHER

Digital Point Card: Coordinator/Mentor Experience

Check-In &
Check-Out
Process!

CICO Dashboard

Tuesday, July 30, 2019
0 of 21 Students Checked In
Group Mean: No Data Available
Group Range: No Data Available

Angus1 Acorn	>	⋮
Angus2 Acorn	>	⋮
Angus3 Acorn	>	⋮

CICO Dashboard

Tuesday, July 30, 2019
0 of 21 Students Checked In
Group Mean: No Data Available
Group Range: No Data Available

Angus1 Acorn	>	⋮
Angus2 Acorn	>	⋮
Angus3 Acorn	>	⋮
Angus10 Acorn	>	⋮
Robin9 Acorn	>	⋮
John1 Acorn	>	⋮
Student1 Student1	>	⋮
Student10 Student10	>	⋮
Student11 Student11	>	⋮

Add Day Note

Student Day Note

Student Coaching Note

CANCEL SAVE

CICO Dashboard

Thursday, August 22, 2019
1 of 33 Students Checked In
Group Mean: 88%
Group Range: 83% - 92%

Angus1 Acorn	>	⋮
Angus10 Acorn	>	⋮
Angus2 Acorn	>	⋮
Angus3 Acorn	>	⋮
John1 Acorn	>	⋮
Robin9 Acorn	>	⋮
TS1 Student	>	⋮
TS10 Student	>	⋮

Progress
Monitoring
Process!

CANCEL CONFIRM

Angus1 Acorn
Thursday, August 22
Met Goal: Yes (92%)
Goal: 81%

Hshshsjahsbsh

Math

Self Respect 2 2

Respect Others 2 2

Respect Envir... 2 2

☒ Greeted Teacher
☒ Provided Verbal Feedback

English

11/12 6/6

Digital Point Card: Student & Teacher Experience

< CICO Points for Angus1 Acorn

Please rate yourself

Did I greet my teacher?

Yes No

Respect Self
On time

2 1 0
Great Okay Needs Work

Respect Others
Ready to work

2 1 0
Great Okay Needs Work

SAVE AND HAND TO TEACHER

NO TEACHER AVAILABLE



AT&T 1:43 PM 99%

CANCEL CONFIRM

Allison Baker
Thursday, September 2
Met Goal: No (72%)
Goal: 80%

13/18

Period 1

Respect 1 2

Responsibility 1 1

Integrity 1 2

3/6

☒ Greeted Teacher
☒ Provided Verbal Feedback

Keep up the good work!



Feedback to Students

CICO Points SAVE

Period 2

Hello, Bryan Adams,
Please rate Mimi Acorn

Did the student greet you?

Yes No

Ready
On time

2 1 0 2

Great Okay Needs Work

Responsible
Stay on task

2 1 0 2

Great Okay Needs Work

Successful
Complete work

2 1 0 2

Great Okay Needs Work

Did you provide verbal feedback to the student?

Yes No

ADD COMMENT

SAVE

Category	Operational definition	Example
Positive	Only positive encouraging language	Great work today!
Corrective & positive	Instructive; points to what student needs to improve and provides positive encouragement	Needs to stay in seat and use better language, but did a nice job paying attention today
Corrective	Instructive; points to what student needs to improve	Pick a better seat for success
Neutral	Observation; description; no value placed	Tardy and fell asleep
Negative	Clearly negative report of student behavior or direct negative comment toward student	Throwing object at wall and people; walking around nonstop



Reports to Caregivers

- Coordinators to send parent/caregivers a written report through the app
- Summarizes student goal, whether student met goal
- Coordinators can provide a written note



Hello Nancy,

The following is a Check-In Check-Out Summary for Sasha Sampson for 03-23-2020 through 03-27-2020 .

Current Daily Goal: 80%

Met Goal: No (Average Daily Score for reporting period: 71%)

Note: Sasha is doing a good job toward meeting her behavioral goals. Her teachers have noticed a significant improvement in her class participation.

If you have any questions or comments about your student's Check-In Check-Out experience, let us know by replying to this email.

Thank you,
Nadine Sims
CICO-Coordinator



Hello Erin,

The following is a Check-In Check-Out Summary for [REDACTED]
[REDACTED] for 04-18-2025.

Schoolwide Expectations: Ready: I can be ready by bringing all required materials., Responsible: I can be responsible with my time., Respectful: I can be respectful to students and staff.

Your student's specific goals:

- Ready: I can bring my computer charged and pencil.
- Responsible: I can stay on task and complete my work.
- Respectful: I can watch my talking and not interrupt the teacher



Current Goal: 80%

Goal Met?: Yes (Average for reporting period: 100%)

Note: [REDACTED] has completed 17 days of the Tier II Check-In/Check-Out intervention and has done an excellent job consistently reaching his daily behavior goal. Even on days when he felt unsure about meeting his goal, he showed maturity by talking things through with his teacher and still managed to succeed. [REDACTED] has shown a positive attitude and a growing sense of responsibility. He's also become more confident in advocating for himself when he needs support, which is a great step forward.

If you have any questions or comments about your student's Check-In Check-Out experience, let us know by replying to this email.

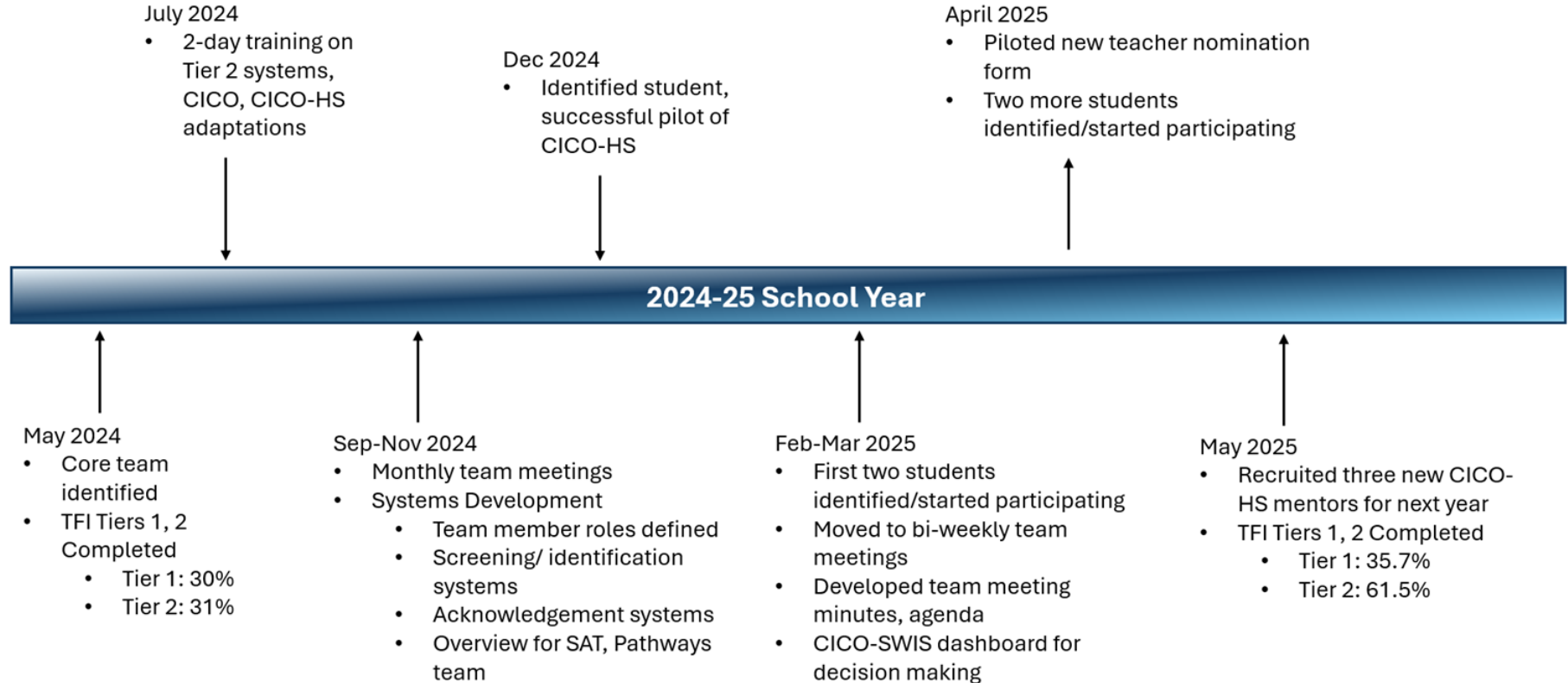
Thank you,
Jamie Ferguson



Tier 2 Systems Development



Tier 2 Implementation Timeline: Oak Park High School



Student Acknowledgement System

Acknowledgement Menu for CICO-HS Mentors

CICO-HS Acknowledgements	
Frequent (Daily Goals)	Intermittent (Weekly Goals)
<ul style="list-style-type: none">• Candy• Chips• Positive phone call• Add?	<ul style="list-style-type: none">• Norman Nickel• DoorDash• Coffee cards• Tickets to sports event• Sports gear• Quick trip coupon• Add?



Student Screening & Identification

Student Identification for CICO-HS

STUDENT IDENTIFICATION. The SAT team can use existing school data, reason(s) and type(s) of behavior, and other data sources to determine students that could benefit from CICO-HS.

Data Source	Examples	Non-Examples
Existing School Data	<ul style="list-style-type: none">Received 2+ minor referralsOverall attendance 85% or aboveFailing no more than 2 classesTardy 2-4 times per weekStruggles to complete work/homework on time	<ul style="list-style-type: none">Received 3+ major referralsOverall attendance less than 85%Failing more than 2 classesTardy 5+ times per weekCompletes very little or no work/homework
Reason for Behavior	<ul style="list-style-type: none">Get attention from adult and/or peers	<ul style="list-style-type: none">Avoid attention from adult and/or peers
Types of Behavior	<ul style="list-style-type: none">Minor disruptions (e.g., talking out distracting others)Sitting in an unassigned seatOff-task (gazing, doing irrelevant task)	<ul style="list-style-type: none">Physical Aggression (e.g., fights)Property DestructionSelf-injurious behavior
Other Data Sources	<ul style="list-style-type: none">Previously in CICO (e.g., middle school)Teacher nominationStudent self-nomination	



Bi-Weekly Team Meetings

- Developed standard meeting agenda/format
 - CICO-HS Systems
 - Review student progress
 - New student recommendations

CICO-HS Meeting Minutes : Oak Park						
	Date	Time (begin and end)	Location	Facilitator	Minute Taker	Data Analyst
Today's Meeting	04.18.2025	9:15am	Oak Park		Ferguson	Nadia Sampson
Next Meeting	05.02.2025	9:15am	Oak Park		Ferguson	

Team Members (Place "X" to left of name if present)

	Lewis McKenzie	X	Jamie Ferguson		Sissy Becvar	X	Tari Doile
X	Angus Kittelman						

Today's Agenda Items (Place "X" to left of item after completed):

		Agenda Items for Next Meeting
1.	X Check-In - Systems Check	1.
2.	X Parent contact	2.
3.	X Review student progress & fading	
4.	X Student surveys	3.
5.	X Onboarding new student(s)	4.
6.		

I. CICO-HS Systems

	Discussion/Decision/Task (if applicable)	Who?	By When?
Check in Check out Process: <i>Are we doing what we said we would do? Concerns or challenges?</i>	Check In: 1. Positively greet students and ensure they are ready for the day 2. Provide Reinforcer 3. Check them in using the app 4. Monitor them through the day Student/Teacher: 1. Student greets teacher before class 2. Student self-rates using app 3. Teacher rates and provides feedback Check Out: 1. Review day with student 2. Provide reinforcer 3. Check out using app	Developers: Is there a way in the app to only show the classes they are checking in.	4/18/25

CICO Meeting Minutes Form

Teacher Referral System

Teacher Nomination for Check-In/Check-Out

Student Name:	Student ID:	Referring Teacher/Team:	Date:

Those that Would Benefit from Check-In/Check-Out

Yes	No
<ul style="list-style-type: none"> Mild acting-out or disruptions (e.g., talking, distracting others) Off-task (gazing, doing irrelevant tasks, playing with items) Regularly tardy to class (2-3 times per week) 	<ul style="list-style-type: none"> More than 85% absent from class Physically aggressive or extremely noncompliant Engages in property description Engages in self-injurious behavior

Check the Area(s) of Concern

Challenging Behavior	Reasons Student Engages in the Behavior (Best Guess)
<input type="checkbox"/> Noncompliant <input type="checkbox"/> Disruptive <input type="checkbox"/> Tardy <input type="checkbox"/> Struggles with social skills <input type="checkbox"/> Withdrawn <input type="checkbox"/> Does not participate <input type="checkbox"/> Other (specify): _____ _____	<input type="checkbox"/> Wants adult attention <input type="checkbox"/> Escape adult attention <input type="checkbox"/> Wants peer attention <input type="checkbox"/> Escape peer attention <input type="checkbox"/> Wants preferred activity or task <input type="checkbox"/> Escape non-preferred activity or task
What is your primary concern?	

Teacher Nomination for Check-In/Check-Out

Student: _____ Referring Teacher/Team: _____ Date: 4/8/25

Those that Would Benefit from Check-In/Check-Out

Yes	No
<ul style="list-style-type: none"> Mild acting-out or disruptions (e.g., talking, distracting others) Off-task (gazing, doing irrelevant tasks, playing with items) Regularly tardy to class (2-3 times per week) 	<ul style="list-style-type: none"> More than 85% absent from class Physically aggressive or extremely noncompliant Engages in property description Engages in self-injurious behavior

Check the Area(s) of Concern

Challenging Behavior	Reasons Student Engages in the Behavior (Best Guess)
<input type="checkbox"/> Noncompliant <input checked="" type="checkbox"/> Disruptive <input type="checkbox"/> Tardy <input type="checkbox"/> Struggles with social skills <input checked="" type="checkbox"/> Withdrawn <input checked="" type="checkbox"/> Does not participate <input checked="" type="checkbox"/> Other (specify): Cell phone	<input type="checkbox"/> Wants adult attention <input type="checkbox"/> Escape adult attention <input type="checkbox"/> Wants peer attention <input type="checkbox"/> Escape peer attention <input checked="" type="checkbox"/> Wants preferred activity or task <input checked="" type="checkbox"/> Escape non-preferred activity or task
What is your primary concern? Student can not keep cell phone away during class	

Teacher Nomination for Check-In/Check-Out

Student: _____ Referring Teacher/Team: _____ Date: 4/8/25

Those that Would Benefit from Check-In/Check-Out

Yes	No
<ul style="list-style-type: none"> Mild acting-out or disruptions (e.g., talking, distracting others) Off-task (gazing, doing irrelevant tasks, playing with items) Regularly tardy to class (2-3 times per week) 	<ul style="list-style-type: none"> More than 85% absent from class Physically aggressive or extremely noncompliant Engages in property description Engages in self-injurious behavior

Check the Area(s) of Concern

Challenging Behavior	Reasons Student Engages in the Behavior (Best Guess)
<input type="checkbox"/> Noncompliant <input type="checkbox"/> Disruptive <input type="checkbox"/> Tardy <input type="checkbox"/> Struggles with social skills <input checked="" type="checkbox"/> Withdrawn <input type="checkbox"/> Does not participate <input type="checkbox"/> Other (specify): _____ _____	<input type="checkbox"/> Wants adult attention <input type="checkbox"/> Escape adult attention <input type="checkbox"/> Wants peer attention <input checked="" type="checkbox"/> Escape peer attention <input type="checkbox"/> Wants preferred activity or task <input type="checkbox"/> Escape non-preferred activity or task
What is your primary concern? Student is not connecting with peers.	

Pilot and Initial Implementation

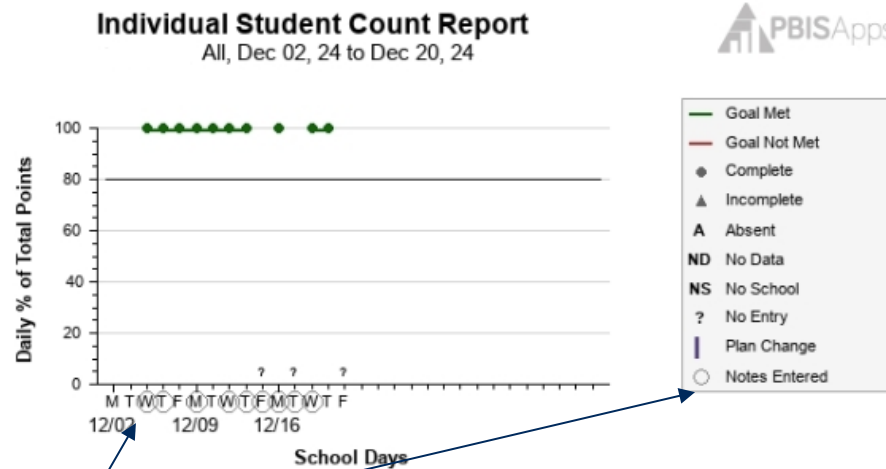
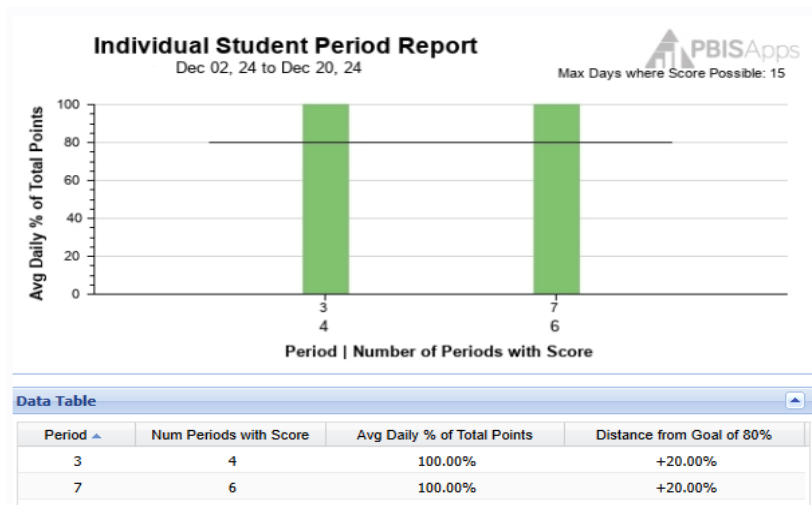


Pilot Student: Launching High School CICO

- In **December 2024**, we began with a **single pilot student** — the child of one of our **Assistant Principals**
- Chose to **start small**, focusing on **one class per day** for manageable implementation
- Student met the criteria for **CICO support**, making him a strong candidate for initial testing
- Used the **PBIS App** to set goals, self-rate, and receive teacher feedback
- Successfully completed **two weeks of strong pilot data**, showing consistent participation and engagement
- Pilot provided **valuable insights** to guide future student onboarding and staff training



Pilot Student Progress



Dec 4, 2024 Have a fantastic Day!

Dec 5, 2024 Terrific Thursday!

Dec 9, 2024 Make today Great!

Dec 11, 2024 Keep up the great work!

Dec 12, 2024 Have a great day!

Dec 13, 2024 Happy Friday!



First Two Students Receiving Intervention

- **Pathway Meeting:** Lewis and Jamie presented **Tier 2** interventions to the staff, explaining the criteria for identifying Tier 2 students
- **Student Selection:** Jamie and Sissy collected names of students who met the criteria and invited them for a brief meeting to explain **Tier 2** and its benefits
- **Student Buy-In:** Once students were on board, **parent consent** was obtained to proceed with the intervention
- **Goal Setting:** Jamie worked with each student individually to:
 - Set **personal goals**
 - **Install the PBIS App** on their computer and phone
- **Communication with Staff:** After goal setting, Jamie sent an email to all staff, notifying them that their student would be starting CICO
- **Ongoing Support:** During the first week of implementation, Jamie checked in with teachers to ensure they were comfortable using the app and provided any necessary support



Student Progress with CICO -HS

Student Alex:

- Excelled in using the **PBIS App**, consistently checking in with all four teachers each day
- Noted improvement in behavior and engagement, stating:
 - "It's refreshing to be rewarded for doing the right thing."
 - "I used to just walk into my classroom without speaking to my teacher, but now I make sure to greet my teachers before taking my seat."

Student Zeek:

- Initially struggled with checking in with all teachers daily
- As a team, we adjusted the plan to focus on **2A and 2B core classes** (Reading and Math)
- Still had difficulty checking out with teachers at the end of the block, as he didn't want to **draw attention to himself**
- After six weeks, we determined that **CICO** was not the best intervention for him and recommended transitioning to a **social group** instead

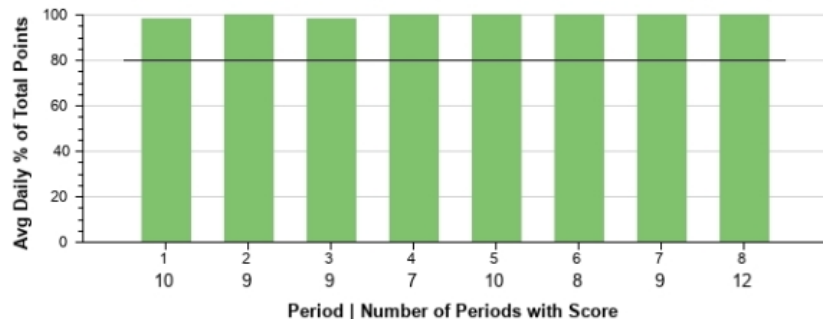


Alex's Progress

Individual Student Period Report

Feb 01, 25 to Apr 18, 25

PBISApps
Max Days where Score Possible: 47



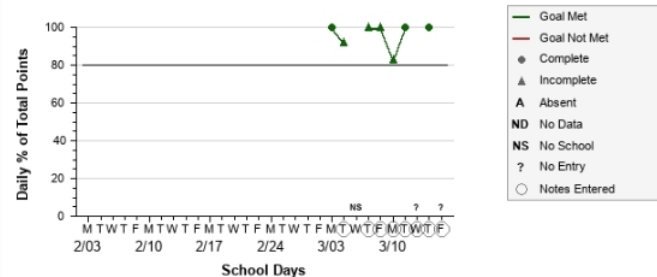
Data Table

Period	Num Periods with Score	Avg Daily % of Total Points	Distance from Goal of 80%
1	10	98.33%	+18.33%
2	9	100.00%	+20.00%
3	9	98.15%	+18.15%
4	7	100.00%	+20.00%
5	10	100.00%	+20.00%
6	8	100.00%	+20.00%
7	9	100.00%	+20.00%
8	12	100.00%	+20.00%

Individual Student Count Report

Feb 03, 25 to Mar 14, 25

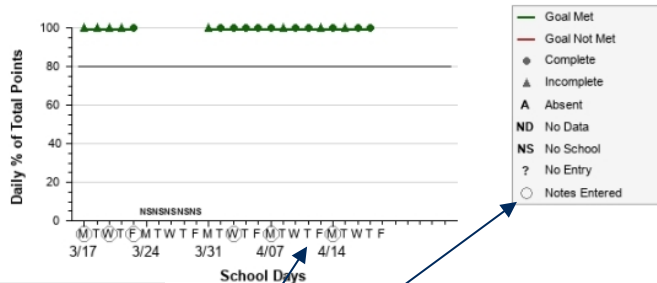
PBISApps



Individual Student Count Report

Mar 17, 25 to Apr 18, 25

PBISApps



Date	Note
Mar 4, 2025	Remember to greet your teachers.
Mar 6, 2025	Happy Thursday!
Mar 7, 2025	Happy Friday!
Mar 10, 2025	things are great
Mar 11, 2025	feeling good about things
Mar 12, 2025	Have a Great Wednesday!

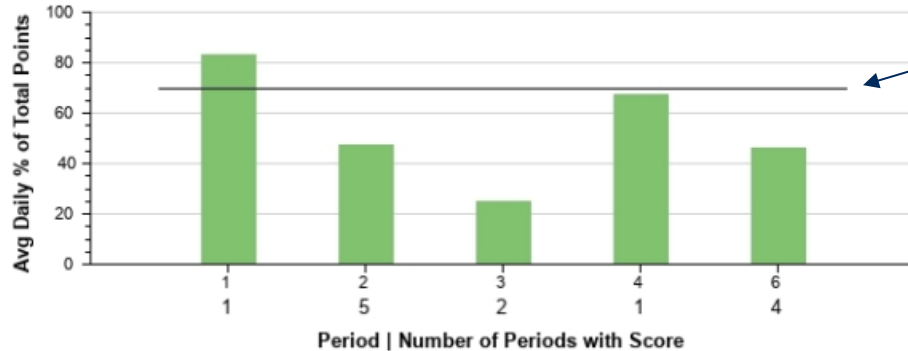


Zeek's Progress

Individual Student Period Report

Feb 01, 25 to Apr 30, 25

PBISApps
Max Days where Score Possible: 55



Changed Goal to 70%

Data Table

Period	Num Periods with Score	Avg Daily % of Total Points	Distance from Goal of 70%
1	1	83.33%	+13.33%
2	5	46.67%	-23.33%
3	2	25.00%	-45.00%
4	1	66.67%	-3.33%
6	4	45.83%	-24.17%

Date	Note
Feb 26, 2025	Happy Wednesday!
Feb 27, 2025	in a good place
Feb 28, 2025	good morning
Mar 3, 2025	absent
Mar 4, 2025	absent
Mar 6, 2025	verified out
Mar 7, 2025	absent
Mar 11, 2025	testing day so wont have data but checked in
Mar 12, 2025	Focus on reaching your goals.
Mar 17, 2025	good morning so far



Two more Students Receiving Intervention

Caleb Progress

- **Previous Support:**
Caleb participated in **Tier 2 CICO** during elementary school and responded well to the structure
- **Motivation:**
We discovered Caleb is **highly motivated by candy rewards**, which helped shape our reinforcement strategy
- **Customized Check-In Schedule:**
 - **A Days:** 2nd & 3rd Block (Reading & Math)
 - **B Days:** 2nd Block only (Chemistry)
 - Focused on **core academic classes** for maximum impact and consistency

Tyler Progress

Background:

Tyler is a **transfer student from Staley High School**. Transitioning to a new school can present academic and social challenges, so we aimed to keep the intervention focused and manageable.

Targeted Approach:

To support a successful adjustment, we limited his CICO participation to **one class per day**, allowing for a focused and low-pressure experience.

Selected Classes:

- **A Days: 4A – Business Class**
- **B Days: 1B – Biology**
- These courses were selected based on teacher recommendation and areas where Tyler could build confidence and consistent routines.

Goal:

Establish **positive relationships** with teachers, **increase engagement**, and build habits of self-monitoring and reflection before expanding to additional classes.

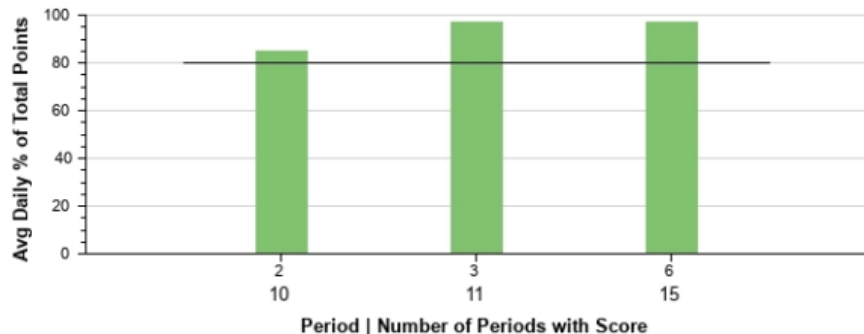


Caleb's Progress

Individual Student Period Report

Mar 24, 25 to May 14, 25

PBISApps
Max Days where Score Possible: 33



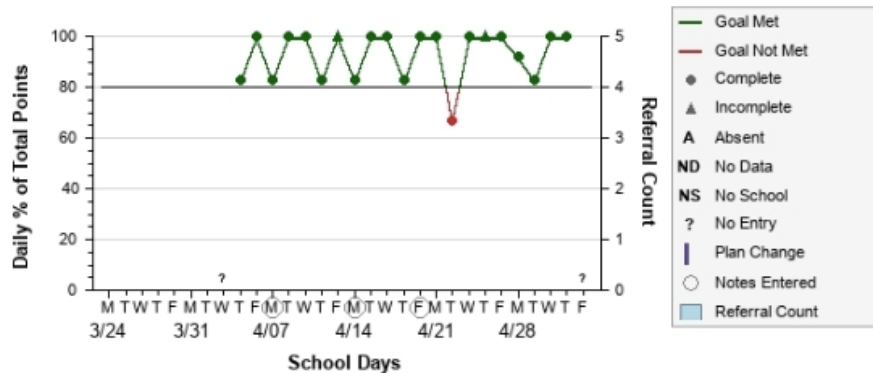
Data Table

Period	Num Periods with Score	Avg Daily % of Total Points	Distance from Goal of 80%
2	10	85.00%	+5.00%
3	11	96.97%	+16.97%
6	15	96.67%	+16.67%

Individual Student Count Report

Mar 24, 25 to May 02, 25

PBISApps

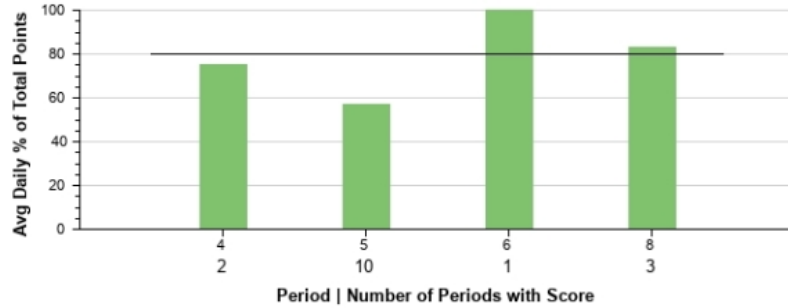


Tyler's Progress

Individual Student Period Report

Mar 31, 25 to May 14, 25

PBISApps
Max Days where Score Possible: 33



Data Table

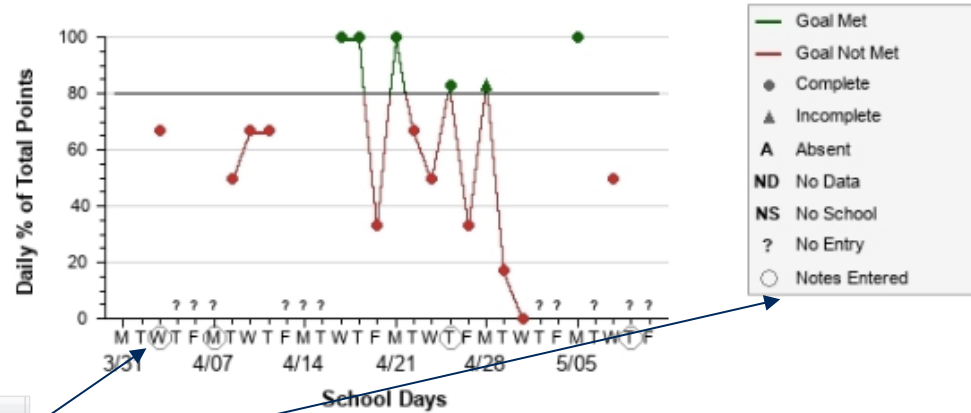
Period	Num Periods with Score	Avg Daily % of Total Points	Distance from Goal of 80%
4	2	75.00%	-5.00%
5	10	56.67%	-23.33%
6	1	100.00%	+20.00%
8	3	83.33%	+3.33%

Date	Note
Apr 2, 2025	First day! only 1B
Apr 7, 2025	student had a great weekend and good morning
Apr 24, 2025	Helped set up the app on his computer since he didn't have his phone.
May 8, 2025	having a great morning
May 12, 2025	student absent

Individual Student Count Report

All, Mar 31, 25 to May 09, 25

PBISApps



Planning for Next Year (2025 -26)



Plans for Next Year

- Grow teaming capacity for new mentors
- Strengthen home communication with parents and students
- Expand on fading options for students
- Wide launch of teacher nomination system
- Support more students on CICO -HS
 - Expand



Activity: Think, Pair, Share

- How are you building your Tier 1 and Tier 2 systems to support CICO?
- What barriers or successes are you seeing with implementation?



Contact Information

Angus Kittelman:

anguskittelman@missouri.edu

Lisa Friesen:

lisa.friesen@nkcschools.org

Lewis McKenzie:

lewis.mckenzie@nkcschools.org

Jamie Ferguson:

jamie.ferguson@nkcschools.org

Sissy Becvar:

sissy.becvar@nkcschools.org



Thank you!

