

	Prevention	Escalation	Crisis	Recovery & Restoration
Youth Behavior/ Acting-Out Cycle Phase	Calm	Tigger(ed) Agitation Acceleration	Peak	De-escalation Recovery
The Brain	Regulated	Regulated to Dysregulated	Dysregulated	Dysregulated to Regulated
Teacher Practices	- Communicate Positive Expectations - Teach skills/routines - Encouragement - Engagement - Active Supervision	Continuum of Strategies to respond to Unexpected Behavior. Think of function.	Safety Routine Crisis Support Routine	- Recovery practices - Regulate/Relate/Reason (use regulation routines; connect; specific praise) - Document; debrief with team
Routines (that can be utilized) <i>Adult/ Youth</i>	- Regulation Routines - Relationship Routines - Self-Awareness Routines	- Accept Feedback Routine - Regulation Routines (student) - Self-Regulation Routines (adult)	- Safety Routine - Crisis Support Routine - Regulation Routine - Self-Regulation Routine (adult)	- Re-integration routines
Systems of Support	Implementation of ETLPs	Implementation of ETLPs; Staff Self-Care	Safety Procedures	Data collection/ documentation; post-event analysis; FBA