**Instructions:** Identify possible implementation and outcome results indicators for each of the following scenarios. Trade papers and check your partner’s answers. Are they good results indicators? Why or why not? Have a discussion with your partner over what makes them good results indicators or what might make them better. **Hint**: Implementation results indicators measure action steps; Outcome results indicators measure progress toward goal.

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| **Goal**: Lose 20 Lbs |
| **Action Step**: Eat less than 1200 Calories per day |
| **Implementation Results Indicator** | **Outcome Results Indicator** |
|  |  |
| **Evaluate your results indicators** |
| * Measure of action step
* Easily measured
 | * Measure of incremental progress toward goal
* Easily measured
* Sensitive to changes
 |

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| **Goal**: Save $2000 for down payment on a new car |
| **Action Step**: Create and stick to a budget |
| **Implementation Results Indicator** | **Outcome Results Indicator** |
|  |  |
| **Evaluate your results indicators** |
| * Measure of action step
* Easily measured
 | * Measure of incremental progress toward goal
* Easily measured
* Sensitive to changes
 |

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| **Goal**: Run a 5K |
| **Action Step**: Run and walk every day, gradually building distance of run |
| **Implementation Results Indicator** | **Outcome Results Indicator** |
|  |  |
| **Evaluate your results indicators** |
| * Measure of action step
* Easily measured
 | * Measure of incremental progress toward goal
* Easily measured
* Sensitive to changes
 |

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| **Goal**: Get an “A” in graduate statistics class |
| **Action Step**: Complete all problems in back of chapter, check answers, and correct mistakes |
| **Implementation Results Indicator** | **Outcome Results Indicator** |
|  |  |
| **Evaluate your results indicators** |
| * Measure of action step
* Easily measured
 | * Measure of incremental progress toward goal
* Easily measured
* Sensitive to changes
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