



Utilizing the
Arts to Teach
Social Skills.

Outcomes

“Art of Life”

Be able to use data to identify which students would benefit most from the course.

Collaborate with other attendees and identify ways to implement the curriculum in your own school setting.



Purpose

To utilize various projects within the arts to help emphasize the social skills curriculum.





Tier 2

The main goal for the class is to reach those tier 2 students who struggle with day to day skills.

Student Identification

- Teacher referrals
- Counselor referrals
- IEP service minutes
- Individual conferencing
- General observation
- Parent requests
- Professional judgement

What did we look for?

- Low peer interactions
- Low self-image
- Few interactions with teachers
- Atypical social/ emotional responses
- Low attendance
- Individual circumstances-
High ACE score

How do we know it worked?

- Student feedback and reflection
- Behavior referral reduction
- Teacher/ Admin. feedback

Curriculum Outline

Week to Week:

Mon. Goal setting/ intro to new skill

Tues. Set-up (pre-test) for project

Wed. Project (extended time)

Thurs. *Block Day (we do not see them)*

Fri. Reflection from the week and how they did

↓
Overcoming
Obstacles



Weekly Journals



Semester Outline

August- Who are you?

Values

Setting Expectations

Giving and Earning
Respect

September-Non-verbal Communication

Listening/ Speaking

Gathering Info.

Options

Making Choices



October- Defining Goals

Setting Goals

Positivity

Handling

Stress

Initiative

November- Organization

Taking Notes

Etiquette

Learning How

You Learn

December- Understanding Conflict

Controlling Emotions

Win-Win Situation


Adapting to Change

Peer Pressure

Getting Along

Presenting Yourself





Major Life Skills

A detailed look into some of our project designs.



What does it teach them:

1. Positive outlook towards themselves.
2. Identifying strengths and weaknesses.
3. Clarifying values.

“Who I Am”
Shield



Who Am I Shield

What do we make:

1. A cardboard shield with various things that are important to them drawn on it.

Who Am I Shield

What do they reflect on:

1. They reflect on who they are and what they hold dear to them.
2. It helps them see what is really important in their lives.

What does it teach them:

1. Identifying options
2. Making informed choices
3. Gathering information
4. Following directions

Cookie
Spectacular



Cookie Spectacular

What do we make:

1. Students are presented with various cookie recipes. They choose one and gather all the required information and materials so they can execute the recipe.

Cookie Spectacular

What do they reflect on:

1. They reflect on their experience what they learned/ took away from the activity.



What does it teach them:

1. Defining goals
2. Stepping-stones to reach the goal
3. Persevering

Personal Stepping Stones



Personal Stepping Stones

What do we make:

1. A stepping stone map of how to reach their goal, and a small decorative cement stone to keep with them.

Personal Stepping Stones

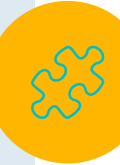
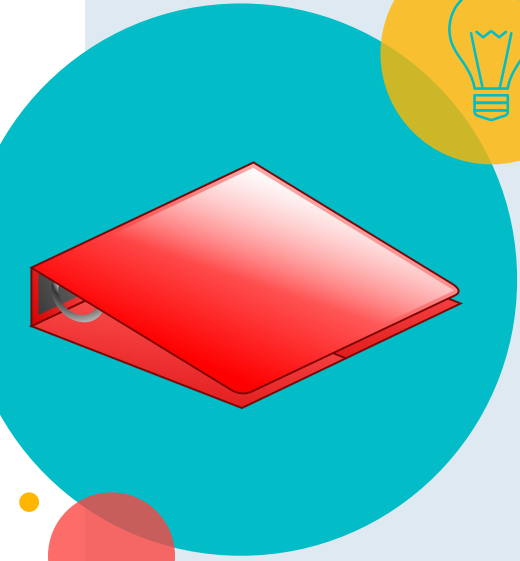
What do they reflect on:

1. They reflect on what they want to do in life and the ways they can eventually reach that goal.
2. They see how taking a moment to plan can be a great help in life.

What does it teach them:

1. Organization
2. Following instructions
3. Using resources
4. Taking notes


“To Help a
Friend” Notes



“To Help a Friend” Notes

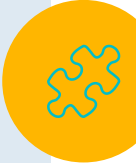

What do we make:

1. This project requires them to take notes for a friend and then they give those notes to that friend. From there we take a “test” to see if our friend took good notes or not.

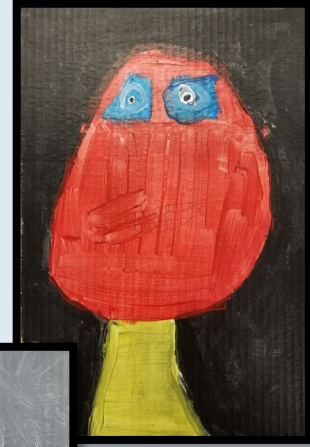


“To Help a
Friend”
Notes

What do they reflect on:

1. They reflect on how to treat others how we wish to be treated. They see how their actions can affect others.
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Personal Silhouette



In Conclusion

The reality is that this kind of subject and curriculum is difficult to teach. Hopefully, with this layout and process we can begin to learn how to teach life skills in the best and most effective way possible.



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Any questions?

