## **Elementary: Kindergarten Readiness Support Plan**

Student name: ###### ####

Grade Level: Kindergarten

Problem Behavior: Kindergarten student is struggling with the following school readiness skill

- 1. Talking out.
- 2. Hands to self and stay in area.
- 3. Climbing/running/escalating

Prevention tool	How it looks
Drill down of above skill	###### will work on sitting on his pockets during instruction and work time. He will be able to demonstrate this behavior both at his desk and at the carpet.
Triage	<ul> <li>Ask how he's doing.</li> <li>Review 4 Zones of Regulation</li> <li>Review 4 Calm Down Strategies ###### can choose.</li> <li>Review what a good listener looks like.</li> <li>Ask ###### what his goals are for the day.</li> </ul>
Teach replacement behavior during triage	<ul> <li>###### will serve as the class greeter in the mornings and greet students with a high five or a handshake to promote positive and appropriate student touch and interaction.</li> <li>###### will practice his four calm down strategies: <ul> <li>Carry</li> <li>Lazy 8 Breathing</li> <li>Push</li> <li>Hug</li> </ul> </li> </ul>
Preventative breaks and/or Schedule changes	<ul> <li>9:30, 11:10, 1:00, 1:45 - break with XXXXX in the focus room.</li> <li>Practice stamina in the following tasks: <ul> <li>Sit quietly</li> <li>Raise hand</li> <li>Read</li> </ul> </li> <li>Graph stamina - start at one minute for sitting quietly; and add 30 seconds each day. When ###### gets to five minutes on "sit quietly," practice raising hand for one minute, and add on 30 seconds per day to five minutes. Reinforce with consumable.</li> <li>At the end of the practice, ###### gets 7 minutes of play time.</li> </ul>
Managing triggers (Antecedents)	<ul> <li>Teacher will engage in a 2x10 with ###### to rebuild relationship.</li> <li>###### will be taught four calm down strategies.</li> <li>###### will be taught the Zones of Regulation to identify his emotions.</li> <li>###### will be given space to identify as his own.</li> </ul>
Self-Monitoring Tool	###### will use the talking out and good listener cards to monitor when he has been talking or a good listener.
	###### will have tape around his desk and carpet spot in a chosen color to visually

	show his area.
<b>Sub Plan</b> (If needed)	• <b>######</b> will go to XXXX if there is a sub

Problem Behavior	Response
<b>Defiance</b> (such as refusing to follow directions)	<ul> <li>CALLING OUT <ul> <li>CW-FIT - use three times per day during instruction</li> <li>If ###### calls out, the teacher will give an OOPS REMINDER card to bring awareness to #####* is calling out.</li> <li>If ####### is sitting quietly, the teacher will give a GOOD LISTENER card.</li> </ul> </li> <li>ESCALATION <ul> <li>Use the "I Feel" chart.</li> <li>###### identifies his emotion.</li> <li>Chooses a tool.</li> <li>Uses the tool.</li> </ul> </li> <li>If ###### is unable to use a tool and continues to escalate, ###### will leave the room if disrupting the class.</li> <li>IN FOCUS <ul> <li>Ignore behavior until ###### is ready to use a calming strategy.</li> <li>Adult will support ###### in using the calming strategy in focus.</li> <li>When ###### will go back to class.</li> </ul> </li> <li>Adult will take ###### to class and have him practice using his calming strategy in the classroom environment.</li> <li>The adult will get ###### caught up on where the class is and give 4 reinforcements before leaving.</li> </ul>
Data collection tools	<ul> <li>Frequency data collection tool</li> <li>Sample student success chart (click here) and daily data summary (click here)</li> </ul>

Date of Plan Initiation:8/27/2018\_ Date to Revisit Plan:\_09/10/2018 Partial Day Implemented 10/15/18