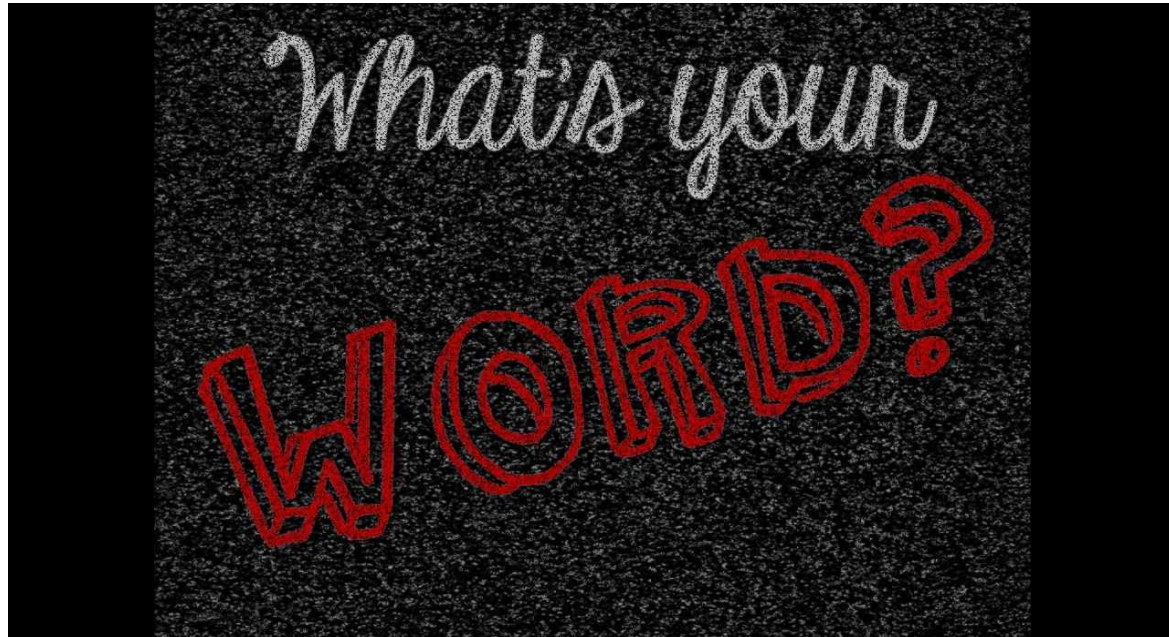
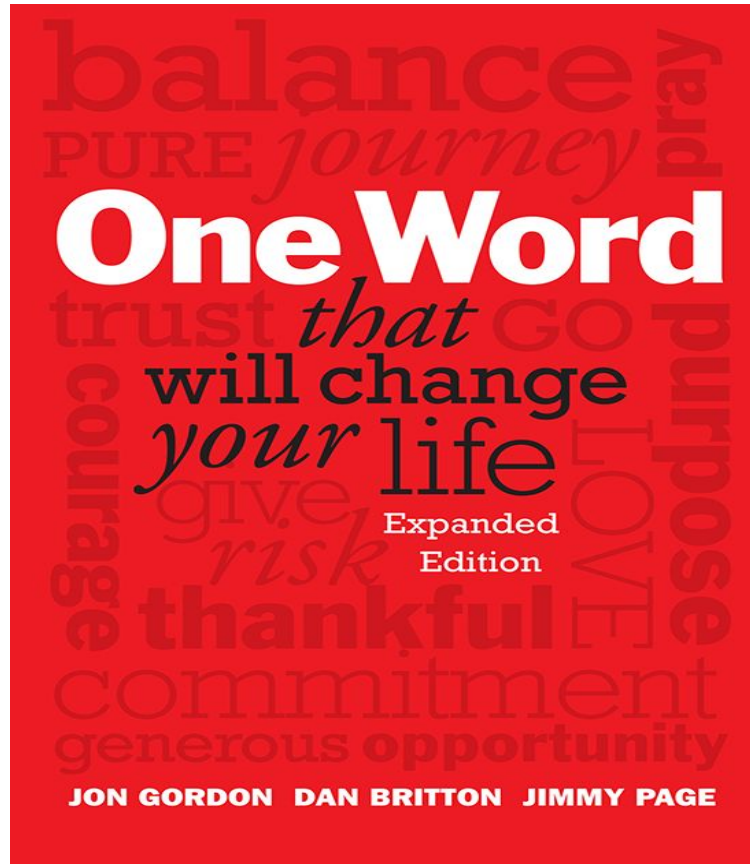


# Building Relationships One Word at a Time



# SMS Book Study



## Session Objectives:

- Learn how to build a strong Tier 1 foundation with your individual students to help promote academic success, not only in school but in life.
- Discover your own “One Word” that will remind you daily of your purpose and your passion.
- Be able to use this knowledge with students needing Tier 2 supports for mentoring, CICO, etc...

WORKING HARD FOR  
SOMETHING WE DON'T  
CARE ABOUT  
IS CALLED STRESS;  
WORKING HARD  
FOR SOMETHING  
WE LOVE IS CALLED  
PASSION.

Simon Sinek

# Southport Middle School



- Student SUCCESS is a TEAM Effort!
- Kindness is OUR Strength!



# Student Demographics



Enrollment: 1,131 (7th / 8th)

Free / Reduced Lunch: 76%  
(Free Breakfast for All Students)

White: 48%

Asian: 20%

Hispanic: 19%

Black: 8%

Multiracial: 5%



# “Mad Minute”

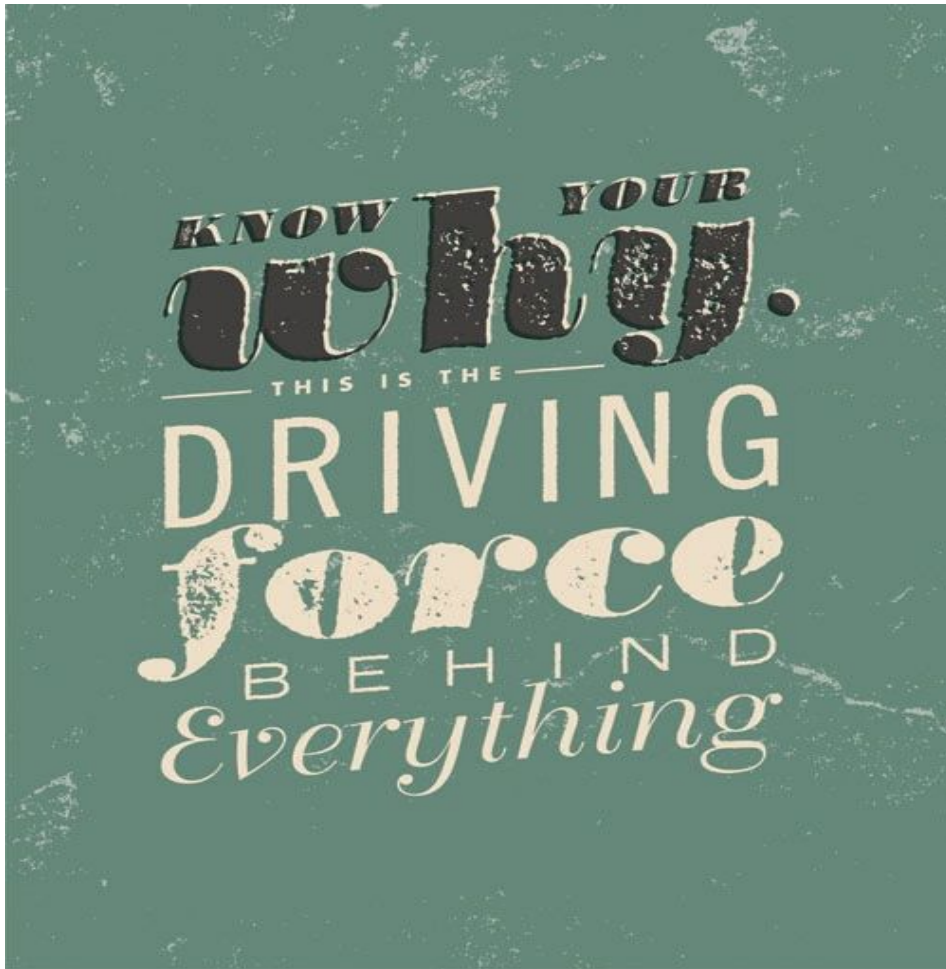
- Get to Know You Activity



# Why Resolutions Do Not Work

- We set to-do goals instead of TO-BE goals.
- Success is measured by what we accomplish instead of WHO we become.
- In the Chinese language, the word *busyness* is represented by single pictograph of two characters: *heart* and *killing*!





What  
Is  
Your  
WHY?

# My Why



# Let's Develop Our ONE Word

Ask yourself these 3 questions:

1. What do I need?

What areas of your life need the most change, and why?

2. What's in my way?

What is preventing me from having what I need?

3. What needs to go?

What do you need to let go of in order to make progress?

# The WHY behind your Word

Too often, we focus so much on getting our ONE WORD that we miss the real power - the WHY behind the word. When you know the why behind your word, you'll have greater power to live and share it.

-Jon Gordon

Situations and circumstances in the past happened for a reason -- and for US to reason.

# My WORDS

2014-2015 = **Breathe**

2015-2016 = **Will**

2016-2017 = **Never Quit**

2017 - 2018

## Perseverance

### **Definition of PERSEVERANCE**

: continued effort to do or achieve something despite difficulties, failure, or opposition : the action or condition or an instance of persevering : STEADFASTNESS

- Ask
- Awake
- Balance
- Believe
- Big
- Bold
- Boom
- Brave
- Breakthrough
- Breathe
- Build
- Care
- Compassion
- Confidence
- Courageous
- Create
- Determination
- Detox
- Discipline
- Do
- Drive
- Encourage
- Extreme
- Faith
- Fearless
- Focus
- Forward
- Fun
- Future
- Generous
- Give
- Go
- Grace
- Great
- Healing
- Humble
- Improve
- Inspire
- Integrity
- Intentional
- Invest
- Journey
- Joy
- Kindness
- Listen
- Live
- Love
- Miracles
- Mission
- Move
- Now
- Open
- Persistence
- Play
- Positive
- Power
- Pray
- Prosper
- Pure
- Purpose
- Push
- Renew
- Respond
- Rest
- Serve
- Share
- Shine
- Smile
- Surrender
- Teamwork
- Today
- Train
- Trust
- Words
- Work

Keep your *ONE WORD* front and center!

- Write it down and post it!
- Save it on your Smartphone
- Keep a journal!
- Look for sayings or quotes that relate to your word.



# Staff Buy-In

How do we get staff involved?



# Force Field Analysis

GOAL

BARRIERS

MAJOR BARRIERS (reduce from above)

SOLUTIONS / STRATEGIES / INTERVENTIONS

RESPONSIBILITIES OF IMPLEMENTATION

(Force Field Analysis Document)

# SMS Staff (17-18)

## SMS 17-18 ONE WORD

pride (to create it in others)	Keira
gratitude	Mary
serve	Jenny
Protect	Lucas
Curiosity	Diane
Purpose	Kelly
Mindful	Dan
Passion	Kathy
Ingenuity	Courtney T.
Legacy	Heerdt
Courage	Brooke M.
Dedicate	Beth B.
Adapt	Anne
devote	Mung

Awareness	BK
Growth	Jackie
Service	Tammy
Silver lining (attitude)	Angie C.
Christ(all things are possible through)	Fitz
Guide	Shababe
Connect	Angie J.
Commitment	Bueno
Service	King
Conquer	A. Westberry

Impact	Beth J
Determined	<u>Christina Blackwell</u>
Release	Brooke Nelson
Grace	Warren Hultman

# Student Buy-In

# Force Field Analysis

GOAL

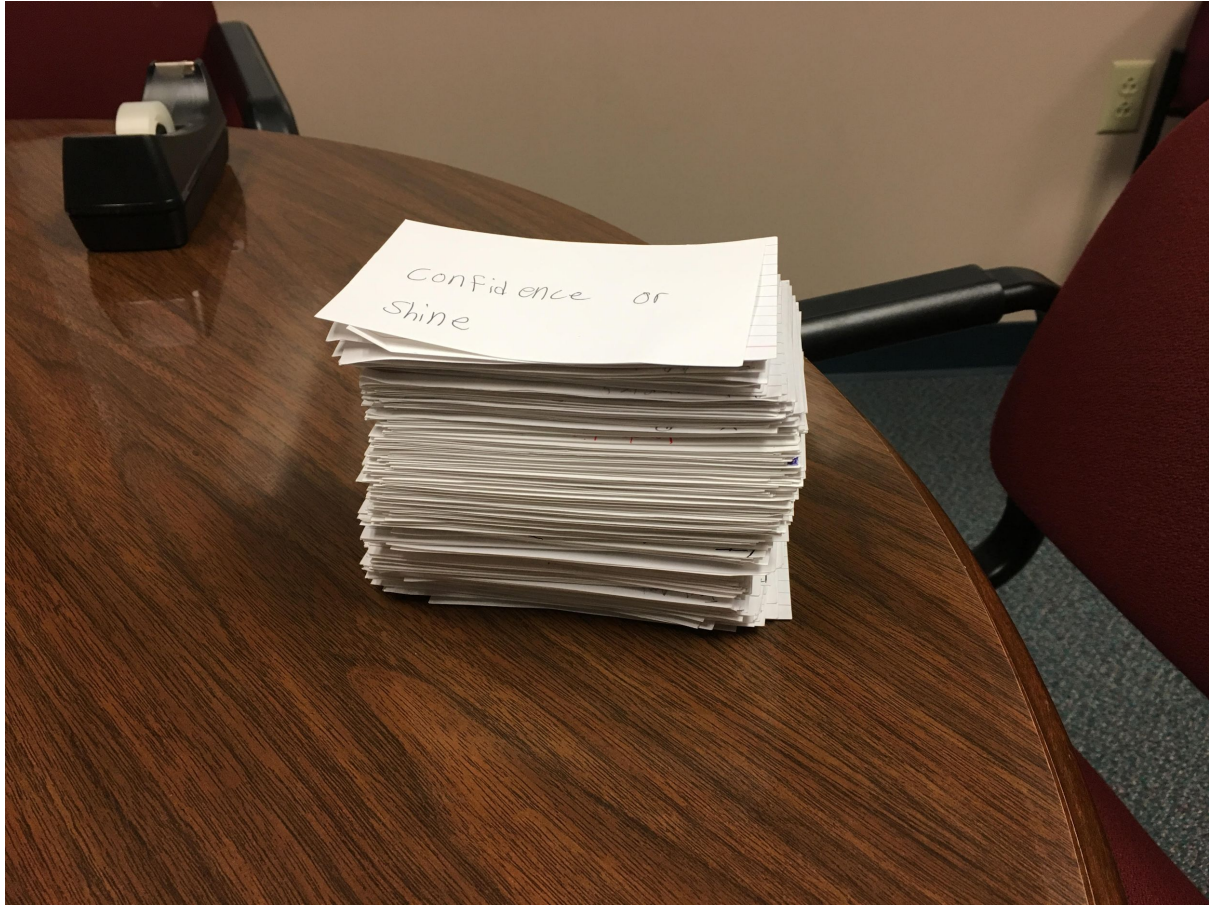
BARRIERS

MAJOR BARRIERS (reduce from above)

SOLUTIONS / STRATEGIES / INTERVENTIONS

RESPONSIBILITIES FOR IMPLEMENTATION

(Force Field Analysis Document)



Confidence or  
Shine



# 8th Grade One Word



SHARE



File Edit View Insert Format Data Tools Add-ons Help [Last edit was on August 21, 2017](#)

Rich text editor toolbar with icons for undo, redo, print, copy, paste, bold, italic, strikethrough, underline, text color, background color, bulleted list, numbered list, indent, outdent, link, unlink, insert table, insert chart, filter, and sum.

fx 8th Grade Student Names

	A	B	C	D	E	F	G	H	I
1		<b>One Word</b>							
2		Focus							
3									
4		Try							
5		Smile/Shine							
6		Improve							
7									
8		Humble							
9									
10									
11		Focus / Positive							
12		Confidence							
13		Smile							
14		Do							
15		Confidence / Shine							
16		Positive							
17		Improve							
18		Determination							
19		Fun							
20		Embrace							
21		Awake							





# Hall of Honor

S

Think  
Discipline  
Fight  
Healing  
Inspire  
Maverick  
Adventure  
Chill  
Fame  
Respect  
Skinny  
Redefine  
Real/Prove  
Confident  
WorkHard

Respects  
Promise  
Forward  
Perseverance  
Can  
Tree  
Better  
Successful  
Feel  
Go  
Drive  
Big  
Continue  
Scholarship  
Happiness

Be Helpful  
Move  
Helpful  
Share  
Vibe  
Teamwork  
Helpful  
Dignity  
Win  
Breathe  
Time  
Grind  
Success  
Goal  
Integrity

Joy  
Future  
Love  
Pray  
Drive  
Forgiving  
Claim  
Drive  
Lead  
DNA  
Sports  
Commitment  
Achieve  
Music  
Enjoy

Helpful  
Endure  
Nothing  
Encourage  
Never  
Work  
Prayer  
Devotion  
Persistent  
Nice  
Capability  
Power  
Renew  
Bold  
Grow  
Calm

Sacrifice  
Nolimits  
Happy  
Independent  
Unstoppable  
Work  
Hug  
Go  
Kindness  
Don'tGiveUp  
Awesome  
Healing  
Ignore  
Acceptance  
Active

Focus  
Try  
Smile  
Improve  
Humble  
Possible  
Do  
Shine  
Determination  
Fun  
Embrace  
Awake  
Learn  
Brave  
Live

Dream  
Rule  
Fearless  
Faith  
Survive  
Yet  
Me  
Gone  
Positivity  
Ask  
Journey  
Strong  
Believe  
Build  
New  
Today  
Run

Invest  
Bride  
Kind  
Hope  
Never  
Waste  
Breakthrough  
Try  
Responsible  
Serve  
Simplicity  
Loyalty  
New

Different  
God  
Balance  
Honest  
Being  
Love  
Change  
Share  
Remember  
Growth  
Evolve  
Capability  
Success  
Resilient

Forever  
Drive  
Balance  
Good  
Tighter  
Challenge  
Purper  
Share  
Remember  
Share  
Laugh  
Share  
Loyalty  
Share

A

“Your word shapes your character. Your character influences your actions. Your actions influence others. The lives you touch and the impact you have determine the story that will be told about you tomorrow.”

-Jon Gordon

**OWN the Day! LIVE the Dream! NEVER Quit!**  
**Our Kids Deserve It!**

Matt Bush

Dean of Students / Assistant Principal

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