Responding to Inappropriate Behavior

Tim Lewis, Ph.D. University of Missouri Is there a place for punishment in SW-PBS?

General Guidelines

How are you going to prevent it from happening again?

- 1. Minors addressed with an instructional focus
- 2. School wide procedures for majors are followed
- 3. If student removed from setting, debrief and plan to prevent
 - i. What does student need to be successful?
 - ii. What can we do to help?

Instructional Approach

Simple Error Correction (skill in repertoire?)

- a) Signal an error has occurred (refer to rules, "We respect others in this room and that means not using put downs")
- b) Ask for an alternative appropriate response ("How can you show respect and still get your point across?")
- c) Provide an opportunity to practice the skill and provide verbal feedback ("That's much better, thank you for showing respect towards others")

Continuum Logic

- 80-90% will respond to Universal supports, as well as "traditional" school-based consequences for behavioral infractions
- 10% who require Tier II supports to be successful will respond to negative consequences inconsistently
- Students requiring Tier III supports will also require highly individualized responses to significant behavioral infractions

Always Follow Problem Solving Logic of SW-PBS

- Careful review of the data
- Insure positive instructional supports are in place with high fidelity and remain in place across any negative consequences
- Implement the least intrusive negative consequence and carefully monitor student behavior

Science of Behavior

Do not use any negative consequence, package, system, or program without understanding the behavioral principle involved

Types of Stimuli

REINFORCING

(a) associated with an increase in behavior when <u>presented</u> following a behavior (give/increase)

(b) associated with a decrease in behavior when <u>withdrawn</u> following a behavior (take/decrease)

Types of Stimuli

AVERSIVE

(a) associated with a decrease in behavior when <u>presented</u> following a behavior (give/decrease)

(b) associated with an increase in behavior when <u>withdrawn</u> following a behavior (take/increase)

Reinforcement

Reinforcement = contingent <u>presentation</u> of a reinforcer or <u>removal</u> of an aversive to <u>increase</u> behavior.

- Positive Reinforcement
 - When reinforcing stimuli presented contingently that results in an increase in behavior
- Negative Reinforcement
 - When an aversive stimuli contingently removed; results in a increase in behavior

Punishment

- **Punishment** = contingent <u>withdrawal</u> of reinforcement or <u>presentation</u> of an aversive to <u>decrease</u> behavior.
 - <u>TYPE I</u> Contingent presentation of an aversive to decrease behavior.
 - <u>TYPE II</u> Contingent withdrawal of reinforcement to decrease behavior.

Disadvantages of Punishment

- They do not "teach" what to do instead
- Can be easily abused
- All predicated on the assumption student:
 - Knows what to do instead
 - Has the skills to use appropriate behavior under similar context
 - Consistent environmental supports to increase the likelihood the student uses appropriate skill

Guidelines

- Use consistently
- Administer in neutral --business like fashion
- Debrief
- Teach/explain procedure PRIOR to offense
- Act immediately
- Record data & use to monitor
- Do not allow avoidance of work

ALWAYS PAIR WITH POSITIVE INSTRUCTIONAL APPROACHES

Possible Side Effects Associated with Punishment Practices

- avoidance
- escape
- withdrawal
- aggression

Common School Punishment

- Suspension/Expulsion
- Loss of privileges
- Time Out
- Response Cost
- Restitution Overcorrection

Suspension / Expulsion

Removal from school for specified period of time

- Behavioral Principle behind suspension/expulsion?
 - Type II
 - Type I
 - Combination

Suspension / Expulsion

- Considerations
 - Set policy
 - Clear explanation of infraction
 - Avoid forced confessions, apologies, etc.
 - During student absence, clear planning process occurs to identify positive strategies and supports to put in place on student return to avoid the offense from happening again

Loss of Privileges

• Following infraction, student not allowed to access something that was not "earned"

- Behavioral Principle?
 - Type II
 - Type I
 - Combination

Time Out

Removal of <u>access</u> to sources of reinforcement contingent upon the occurrence of problem behavior-- results in **decrease** in responding

Keep duration short (max 10 minutes)

Response Cost

Contingent WITHDRAWAL of specified amounts of reinforcement that the student already has earned that result in a decrease in responding

- Avoid negative balances
- Plan for student refusal

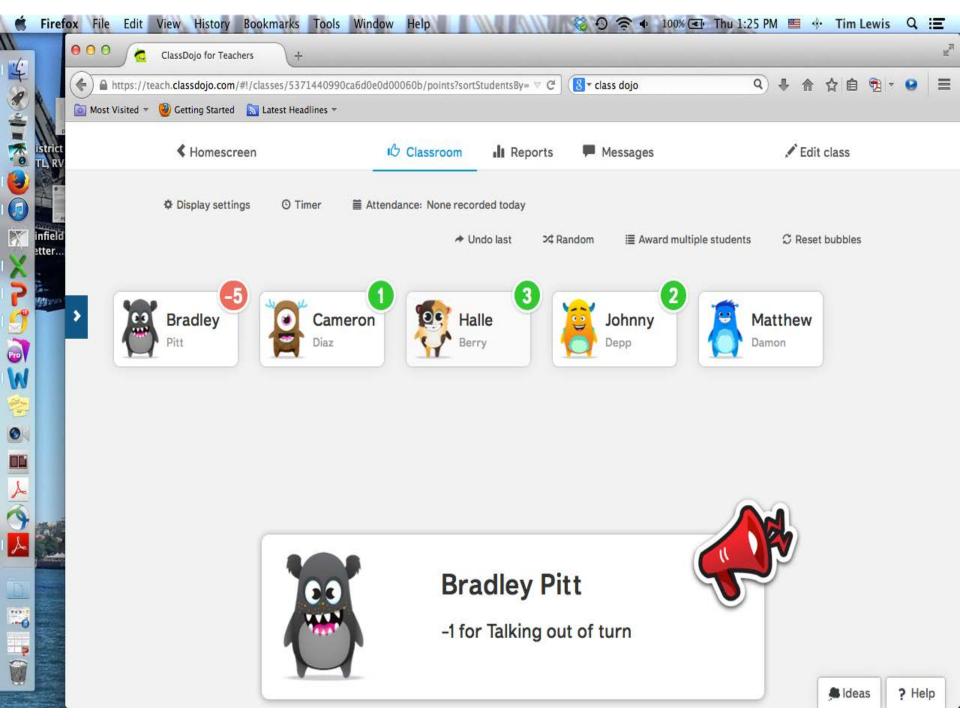
Restitution Overcorrection

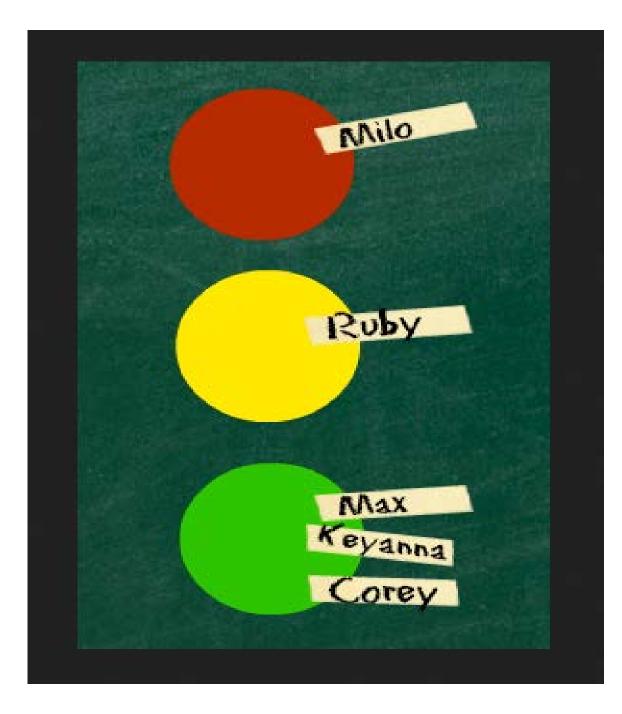
Correcting the environmental effects of an inappropriate act to a condition better than it was before the act that results in a decrease in future responding

- Behavioral Principle?
 - Type II
 - Type I
 - Combination

Acknowledgement Systems

- Class DoJo
- Color coded cards
- Level systems
- Warnings/check marks





Acknowledgement Systems

- Assumptions?
- Pre-requisites
- Behavioral Principle?
 - Type II Punishment
 - Type I Punishment
 - Positive Reinforcement
 - Negative Reinforcement

Class Dojo MO-PBS Adaptations

The biggest "tweak" that needs to be made with Class Dojo is to remember that ALL negatives need to remain private and should be for teacher use only, if they are used at all. Just as you would never slap a math worksheet that has a big, red letter "D" on it up on the wall for all to see, you shouldn't post negative behaviors up for all to see either.

Susanna Hill, MO-PBS Tier II/III consultant

Other Strategies

- What behavioral principle?
- Assumptions about student learning history?
- Assumptions about student skills and prerequisite skills?
- Is it "punishment" to the student?
- Did it work?