Phases of the Acting-Out Cycle

Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **Phases** | **Description of Behaviors**  | **Supporting Strategies**  |
| Calm*Prevention* |  |  |
| Trigger*Prevention* |  |  |
| Agitation*Interruption* |  |  |
| Acceleration*Response* |  |  |
| Peak*Response* |  |  |
| De-Escalation*Follow-Up* |  |  |
| Recovery*Follow-Up* |  |  |