

Blending The Pyramid Model with SW-PBS

Northwest Early Childhood Center
Northwest R-1 School District
House Springs, MO

History of Our Program

Prior to 2011 our programs were scattered throughout the district

Northwest Early Childhood Center opened for the 2011-2012 school year.

Our center has a variety of programs.

Early Childhood Special Education

Title I Preschool



Next Steps in our Development as an Early Childhood Center

Staff needed a cohesive, well developed, sustainable system for children's behavior expectations and challenging behaviors:

- consistent philosophy

- consistent expectations

- consistent language

- Common beliefs, mission, vision

Enter CSEFEI...



How did we implement CSEFEL?

Timeline:

Summer 2012 - Attended the CSEFEL Train the Trainer at the NAEYC National Institute for Early Childhood Professional Development Conference.

Staff Development:

2011 - 2012 - Teacher and Paraprofessional - Module 1: Promoting Children's Success: Building Relationships and Creating Supportive Environment.

2012 - 2013

Teacher and Paraprofessional - Module 2: Social Emotional Teaching.

Teachers only - Module 3: Individualized Intensive Interventions: Determining the meaning of Challenging Behaviors.

What is the Center on the Social Emotional Foundations for Early Learning or the Pyramid Model?

“The Center on the Social and Emotional Foundations for Early Learning is a five-year project designed to strengthen the capacity of Head Start and child care programs to improve the social and emotional outcomes of young children.”

“The Center on the Social and Emotional Foundations for Early Learning (CSEFEL) is a national resource center for disseminating research and evidence-based practices to early childhood programs across the country. CSEFEL is focused on promoting the social emotional development and school readiness of young children birth to age 5. To support this goal, we have developed a conceptual model of evidence-based practices for promoting young children's social emotional competence and preventing and addressing challenging behavior.

CSEFEL Training

Training Modules - Includes Presentation, Handouts, Presenter script, videos, DVDs can be purchased inexpensively on their website.

Module 1 - Promoting Children's Success: Building Relationships and Creating Supportive Environments

Module 2 - Social Emotional Teaching Strategies

Module 3a - Individualized Intensive Interventions: Determining the Meaning of Challenging Behaviors

Module 3- Individualized Intensive Interventions: Developing a Behavior Support Plan

Module 4 - Leadership Strategies for Supporting Children's Social and Emotional Development and Addressing Challenging Behaviors

Practical Strategies for Teachers

Handout gives overview of available resources

- Social Stories
- Book Nook
- Tools to teach social skills


From the Center on the Social and Emotional Foundations for Early Learning (CSEFEL)

Practical Strategies for Teachers


Tools that Encourage Young Children's Social-Emotional Development

All of the materials listed here, in addition to many others, are available for FREE from the CSEFEL website at www.vanderbilt.edu/csefel/


Scripted Stories for Social Situations are short PowerPoint presentations consisting of a mixture of words and pictures that provide specific information to a child about social situations such as going to preschool, sitting in circle time, staying safe and using words. When children are given information that helps them understand expectations, their problem behavior within that situation is reduced or minimized. These stories can help children to understand social interactions, situations, expectations, social cues, the script of unfamiliar activities, and social rules. Parents, teachers and caregivers can use these simple stories as a tool to prepare the child for a new situation, to address challenging behavior within a setting or situation, or to teach new skills.



Teaching Social Emotional Skills These tools include a variety of activities and materials to help children promote self-regulation or problem solving. Examples are handouts that feature emotion faces, the "turtle technique" and feeling charts as well as solution kits to help children come up with solutions around problems such as learning how to share, trade, and ask nicely.



Book Nooks These easy-to-use guides were created especially for teachers to provide hands-on ways to embed social emotional skill building activities into everyday routines such as art, singing and circle time. Each Book Nook is comprised of ideas and activities designed around a popular children's book such as Big Al, Qsd Monster Sad Monster, Hands Are Not for Hitting, and On Monday When it Rained. Examples of suggested activities include using rhymes to talk about being friends, making masks to help children talk about and identify different feelings, playing a game of what to do with hands instead of hitting, and creating art and music using a concept of the day such as sharing.



Children's Book List : Using Books to Support Social Emotional Development This extensive compilation of books that can help young children understand their emotions is organized under multiple topics such as "Being a Friend" or "Sad Feelings" -

Creating a Supportive Environment

CSEFEL focuses on creating a classroom that is communicative and supportive for all students.

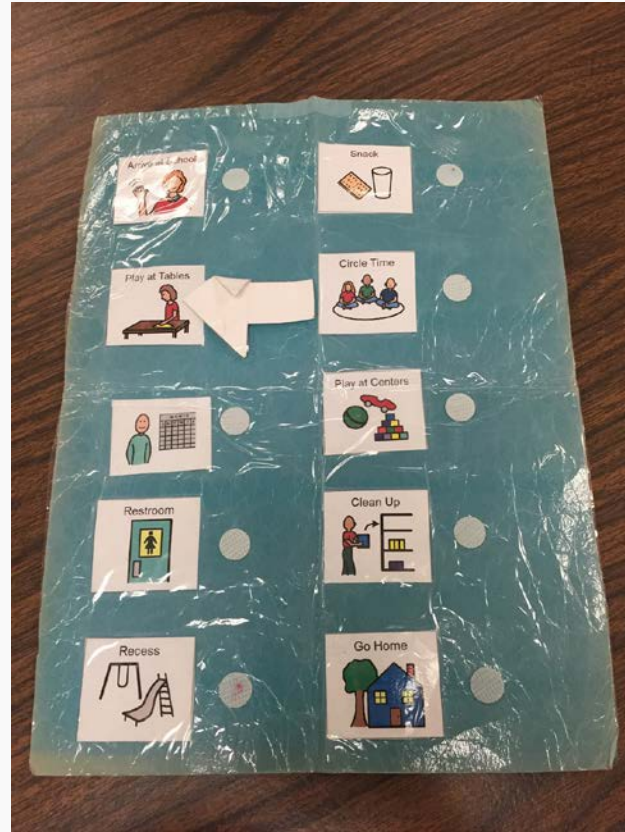
Visual Schedules

Visual Classroom Routines

Visual and Auditory cues for transitions



Visual Schedules




Visuals for Classroom Routines


Sensory Table Center

2

Friends at a time.






Clean up area when finished.



I can explore books.

1. Choose a book.
2. Look at the book with nice hands.
3. Put the book away.



Building Relationships

Star of the Week, All About Me

Greeting Students at the door each morning.

Give compliments liberally

Giving Positive Feedback

Positive Attention Data Sheet

Positive Attention Starters



Every child needs at least one adult who is irrationally crazy about him or her.

— URIE BRONFENBRENNER

edutopia

Teaching Social Skills

Social Stories

Example: Super Friend, I Can Use My Words, I Can Stay Safe, I Can Sit At Circle

Book Nook

Hands are Not for Hitting

On Monday When It Rained

I Have A Problem



Teaching Children to Identify Feelings

Books with Topic of Feelings

When Sophie Gets Really, Really Angry

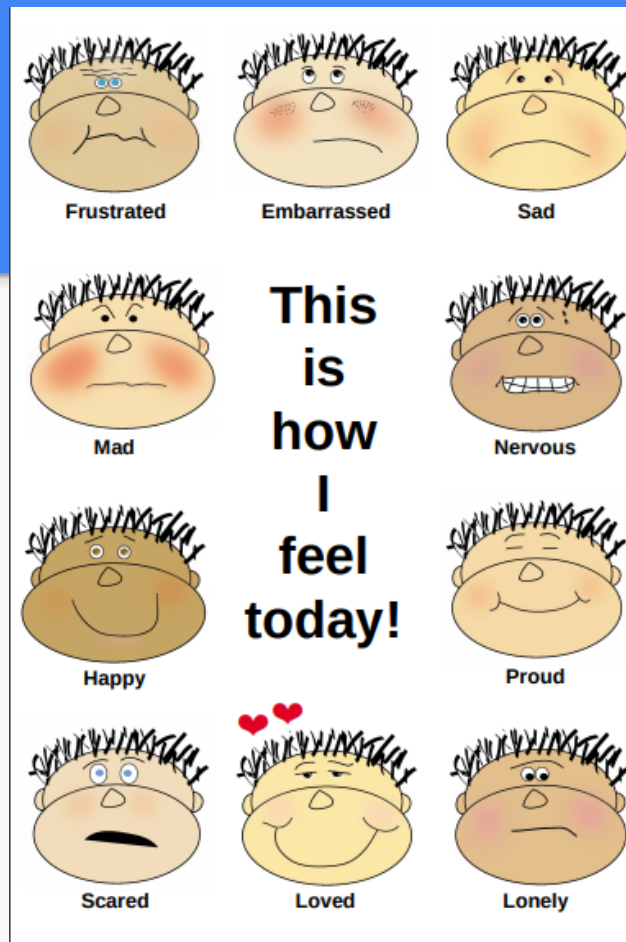
Glad Monster, Sad Monster

The Way I Feel

My Many Colored Days

Feelings Chart

Children “Check-In” each day when they arrive using our “How do you feel today?” chart.

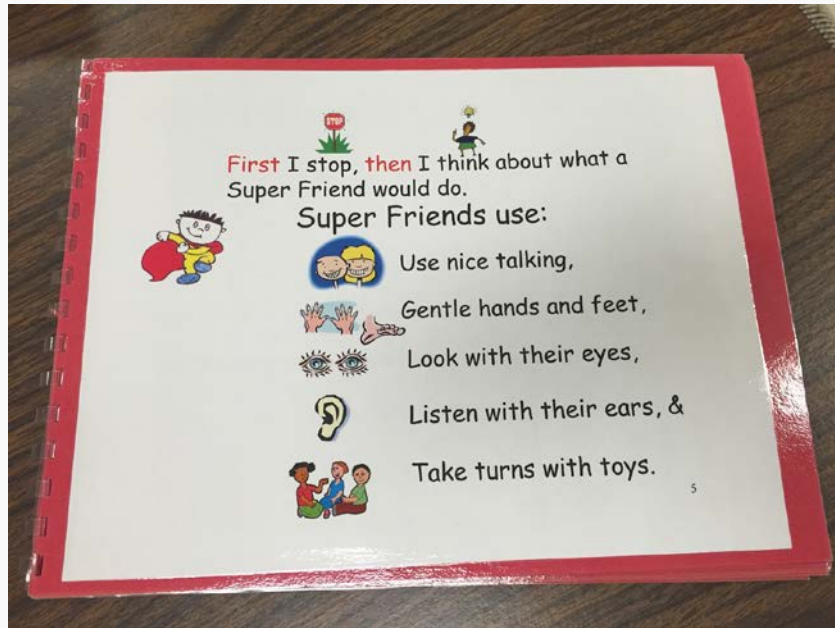


Teaching Children how to Identify Feelings



Friendship Skills

Social Story: "I Can Be A Super Friend"



Friendship Art

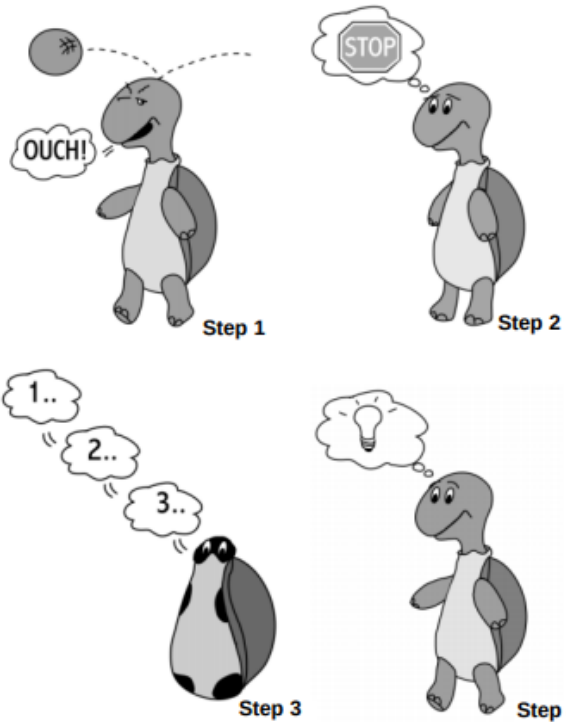


Developing Problem Solving Skills

Module 2

Handout 2.7: Social Emotional Teaching Strategies

The Turtle Technique



I can solve my problem.



Blending the Pyramid Model with SW-PBS

- Once the CSEFEL Pyramid Model was established we found SW-PBS.
- During the 2012-2013 school year we began planning for our SW-PBS implementation.
- We kept many of our CSEFEL Pyramid Model resources and routines in mind while developing our SW-PBS
- We implemented SW-PBS Fall of 2013 while continuing to use all of our already established CSEFEL routines and resources.
- The two programs continue to flow together seamlessly.

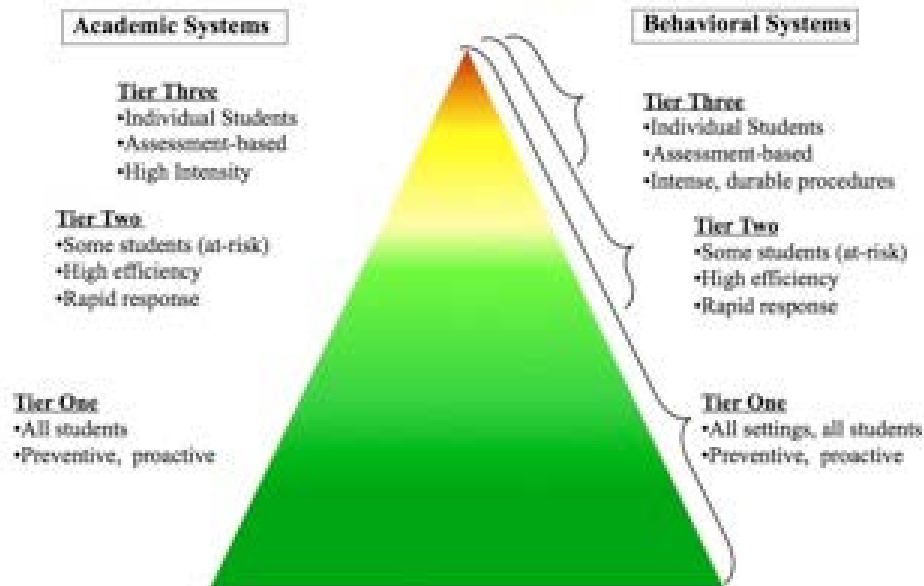
How do the pyramids compare?

CSEFEL Pyramid Model



SW-PBS

A Continuum of Support for All



Building Relationships with SW-PBS

We continued building community and relationships with SW-PBS through our “Block Bucks” and “Block Parties”

Our students earn “Block Bucks” for showing positive behavior.

A “Block Party” is held each month. The whole school comes together to celebrate their peers’ accomplishments as a building.

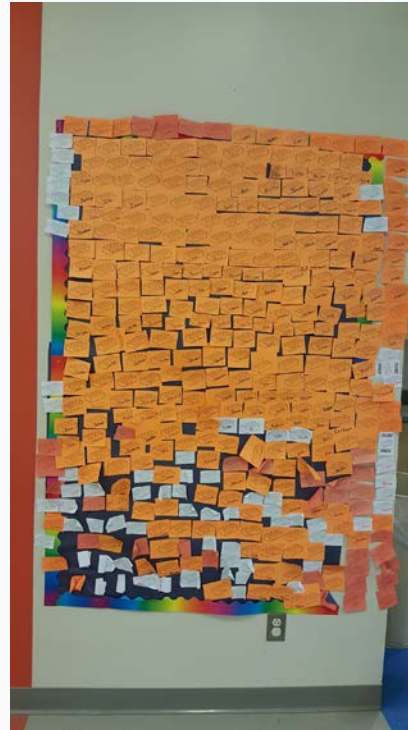
Students are recognized individually



Giving Positive Feedback with SW-PBS

With the CSEFEL Pyramid Model we were already giving regular specific positive feedback to our students. We enhanced this with SW-PBS by adding “Block Bucks”.

Classes earn “Block Bucks” also to work towards classroom parties.



Teaching Social Skills with SW-PBS

When developing our SW-PBS curriculum, we kept many of our Pyramid Model lessons in mind.

We adapted many of the “Book Nook” lessons into our SW-PBS lessons.

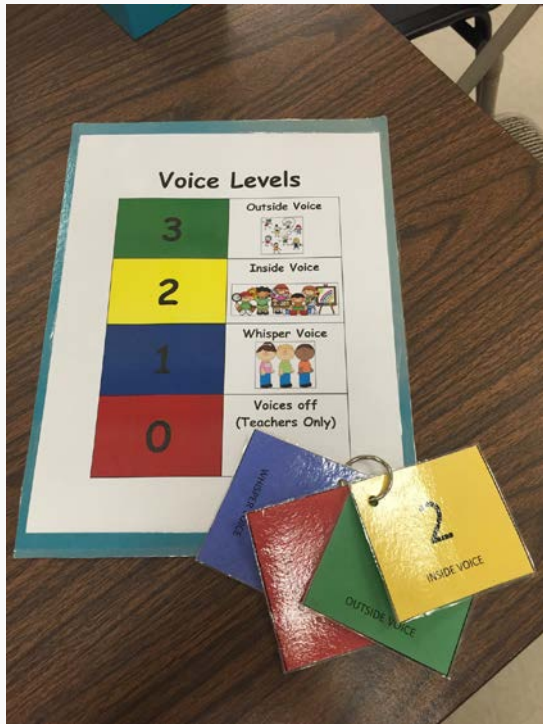
Example: Hands are Not for Hitting

We use several of the resources from the Pyramid Model in our SW-PBS curriculum.

Example: Problem Solving Solution Kit



Using Visual Cues for our SW-PBS Expectations



Putting it all together!

- The CSEFEL resources gave us a good solid foundation to build our SW-PBS program on.
- SW-PBS added several necessary components to give us a more cohesive program.
 - 8 Effective Classroom Practices
 - Process for collecting and tracking data
 - Instructional Strategies
 - Guided us through developing a curriculum



All resources found on the CSEFEL website are available for FREE!

For Teachers:

<http://csefel.vanderbilt.edu/resources/strategies.html>

For Parents:

<http://csefel.vanderbilt.edu/resources/family.html>



Scan for CSEFEL website!